

Frederick County Maryland
Strategic Plan for Alcohol and Drug Abuse Fiscal Years 2009-2010

Vision: Frederick County is a substance abuse free county.

Mission: To have seamless delivery of prevention, intervention and treatment services available to all regardless of ability to pay.

Rationale: Goals are based on data obtained from ADAA Annual Report of Outlook & Outcomes, specialized report from ADAA Research Division, data obtained from local human services organizations, local providers of substance abuse services, members of the Substance Abuse Council and consumers of services.

GOAL I: Identify and prioritize prevention and treatment needs based on ongoing assessment to strengthen a comprehensive continuum of services in Frederick County.

Objective 1: Regular review of Council priorities based on review of meaningful, easily accessible databases, to assess needs as well as externally directed priorities (e.g. ADAA).

Action Plan: Steps for Goal 1, Objective 1

- Identify easily accessible databases
- Develop new data sources as needed
- Distribute meaningful data to Substance Abuse Council for periodic review
- Discuss State priorities and initiatives

Goal 1 Performance Target: Creation of current priorities

Estimated Dollar Amount Needed: None

July 2010 update: Data from various agencies and sources continues to be collected and shared at Council meetings.

There continues to be a great need for sober housing for persons in or pursuing recovery, including those transitioning from Detention Center into the community. Frederick County continues to look at the best treatment for co-occurring SA/MH individuals.

GOAL II: Frederick County will work to embrace a Recovery-Oriented System of Care.

Objective 1: Frederick County Substance abuse treatment system of care includes a comprehensive menu of services and supports, while coordinating multiple systems and maintaining an ongoing process of system improvement. Services will be expanded as identified and needed to meet unmet and emerging needs, while maintaining current level of services.

Action Plan:

- Identify unmet and emerging needs
- Identify needed partners and resources
- Pursue all available funding

Objective 2: Drug Court will be maintained and expanded.

Action Plan:

- Pursue all available funding
- Increase services as needed

Objective 3: Other problem solving courts will be pursued for Frederick County as needed.

Action Plan:

- Encourage and support the efforts of Frederick County Judges

Objective 4: Expand housing opportunities for men and women of Frederick County needing recovery-oriented housing.

Action Plan:

- Support ASAM Level III.1 (Halfway House) services for men and women of Frederick County
- Support an increase in the number of Dual Recovery beds at Way Station and other dual recovery facilities
- Explore all means of developing sober housing in Frederick County

Objective 5: Agencies will work together to provide services for co-occurring disorders.

Action Plan:

- The Substance Abuse Council will work together with the Mental Health Provider Council and other Councils to collaborate on integration and coordination of activities
- The Substance Abuse Council will promote utilization & collaboration of all community resources to meet needs of population served
- The Substance Abuse Council will provide a forum for council members and citizens to share relevant information from their fields of service and discuss collaboration opportunities
- The Council will discuss strategies as needed to facilitate collaborations

Objective 6: Wanting to enhance services by pursuing all available funding, the Council will serve a dual role of council and coalition.

Action Plan:

- Adapt to meet the qualifications of a coalition
- Identify available funding resources
- Pursue funding as available

Goal 2 Performance Target: A Recovery-Oriented System of Care

Estimated Amount Needed: Unknown

July 2010 update:

Identified needs include housing, employment, treating co-occurring clients, transitioning from Detention Center to community, and outreach to project housing residents.

Adult Drug Court continues to provide a very valuable/effective structure for SA clients, graduating persons completing the Drug Court requirements and entering aftercare. Drug Court received 2 grants and is currently waiting to hear the results on a third grant. The two grants that were awarded currently fund SCRAM ankle bracelets, half-way house beds, TAMAR training, Drug Court salaries and client testing.

No other problem solving courts are being pursued in Frederick County at this time.

Wakefield House opened recently and is currently providing a 12-Step Recovery Home for women. Conversations and presentations have been made with the Waterboyz (a faith-based organization), which is also looking into developing a sober house for men in Frederick by the end of 2010.

The Frederick County Co-occurring Task Force Committee continues to meet monthly pursuing and strengthening collaborative efforts to best treat dual diagnosed individuals. Tom Godwin of the University of Maryland is attending these meetings and helping facilitate movement towards further integration of co-occurring treatment services in Frederick County.

A Recovery Oriented System of Care (ROSC) work team is meeting monthly. ROSC partners include SA treatment providers, mental health providers, Community Action Agency as a primary health care provider, Goodwill, Frederick Employment Services, University of Maryland Extension Services, individuals in long-term recovery, several Faith-based organizations, including Waterboyz, and the Religious Coalition. The ROSC planning team is developing the ROSC Vision and Mission Statements as well as achievable goals and objectives for the ROSC project.

GOAL III: Prevention Services will be maintained and expanded in Frederick County.

Objective 1: Increase prevention services for "high-risk" populations.

Objective 2: Maintain prevention services in the school system.

Action Plan:

- Using data and directives, identify prevention priorities
- Seek funding from all other sources

Goal 3 Performance Target: Records of services provided

Estimated Amount Needed: Unknown

July 2010 update: Prevention services for children continue to be offered in Frederick County. Two programs, *Strengthening Families* and the *Kids Like Us* programs, offer educational and supportive services for children in grades 4 through 8. The *Kids Like Us* program continues to work with a program evaluator for inclusion on the NREPP list.

The *Second Step* program continues to provide social skills and anti-bullying educational services to hundreds of at-risk preschool children throughout Frederick County. During FY2010, the *Second Step* program was presented to 367 preschool children, delivering 6,779 direct services in 19 centers.

Funding for the Safe and Drug-Free Schools Program has been lost for the upcoming school. Additional funding and resources to support this program will be sought.

GOAL IV: Increase community public awareness of substance abuse issues and services in order to promote prevention and to facilitate access to services.

Objective 1: Increase public awareness of substance abuse issues and services.

Action Plan:

- Identify special events to promote benefits of substance free lifestyle
- Utilize media to inform public of available services/programs and promote message of recovery

Objective 2: Maintain a resource of substance abuse services available in Frederick County.

Action Plan:

- Periodic review of resource guide
- Distribute resource guide to agencies and public as needed

Goal 4 Performance Target: Quarterly promotional efforts

Estimated Amount Needed: Unknown

July 2010 update: Dr. Robert Ackerman provided a day of training on June 30, 2010 to 81 mental health & substance abuse prevention and treatment providers, social workers, and therapists. The topic, "Family Dysfunction and the Effects on Children: *What We Know and How to Help the Children Grow*" was well received. Feedback from the workshop participants were glowing and requested further training by Dr. Ackerman in the near future.

Revisions and promotion of a local substance abuse treatment and prevention guide continues. Copies of the guide are available in electronic and hard-copy form and are currently posted on the health department website.