BALTIMORE CITY DRUG AND ALCOHOL ABUSE COUNCIL

JURISDICTIONAL PLAN

July 1, 2005 through June 30, 2007

SUBMITTED JULY 1, 2005 TO THE MARYLAND ALCOHOL AND DRUG ABUSE ADMINISTRATION
OVERVIEW

The Baltimore City Drug and Alcohol Abuse Council (The Council) developed this two-year jurisdictional plan. The Council formed in 2004 pursuant to Subtitle 10 of Title 8 of the Health-General Article is composed of the Baltimore Substance Abuse Systems, Inc. (BSAS) Board of Directors and other local stakeholders. BSAS is a quasi-public, non-profit organization designated by Mayor O’Malley as the substance abuse services authority for Baltimore City.

The plan includes priorities and strategies for meeting Baltimore City’s needs for substance abuse prevention, intervention, treatment and recovery services. The plan captures key strategies of BSAS’ current operational plan, and reflects the interagency and community collaboration with which the Local Council functions. Baltimore City’s plan recognizes the work of our law enforcement community to reduce substance abuse and ensure the safety of our citizens.

The plan consists of broad, long-range goals for the City, as well as objectives and performance targets that are Specific, Measurable, Achievable, Realistic and Timely (SMART). Unless otherwise noted, all performance targets will be accomplished by June 2007.

GOALS

1) Ensure that Baltimore City residents have access to effective school- and community-based substance abuse prevention and intervention services.

2) Develop and coordinate substance abuse treatment services that are efficient, effective and available on demand.

3) Assist individuals to attain long-term recovery from addiction, and contribute to the community as healthy, productive citizens.

VISION

The City of Baltimore is a national model for the development and implementation of high quality services that reduce substance abuse.

MISSION

To prevent and reduce alcohol and drug dependency and its adverse health and social consequences in the City of Baltimore. We do this by ensuring that Baltimore residents have access to high quality and comprehensive services proven to reduce substance abuse.

MEMBERSHIP

Consistent with State requirements for Local Councils, and BSAS’ ten-year history of including diverse representation on its Board of Directors, the Baltimore City Drug and Alcohol Abuse Council includes state and local government agency heads, civic leaders, substance abuse experts, consumers and concerned citizens. A list of Council members is attached to the plan.
CONTINUUM OF CARE

Prevention – Reduce rates of first-time use of alcohol, tobacco, unauthorized prescription medication, and illegal drugs by adolescents and adults.

Intervention – Identify and move individuals who have used alcohol, tobacco, unauthorized prescription medication, and illegal drugs towards treatment and other healthy behaviors.

Treatment – A continuum of care proven to reduce rates of substance abuse and addiction among adolescents and adults.

Recovery – A process in which previously addicted individuals maintain freedom from addiction, achieve hope and joy in their lives, and contribute to the community as healthy, productive citizens.

DEFINITIONS

Approaches – Programs, practices, strategies and/or polices to reduce substance abuse and related problems.

Assessment – Clinical interview to identify patients’ addiction and other related medical, mental health and social problems, and strengths/assets. Assessment includes recommendations on the most appropriate types of substance abuse treatment and other services to help patients overcome their addiction and other problems.

Wrap Around Services – Ancillary support services to help people stabilize and improve their lives through housing, medical care, mental health services, education, job training, employment, legal services, etc.
GOALS AND OBJECTIVES

GOAL 1: Ensure that Baltimore City residents have access to effective school- and community-based prevention and intervention services.

Objective 1: Increase public and private funding for substance abuse prevention activities.

Objective 2: Expand and enhance approaches to prevent substance abuse among children of substance-abusing parents.

Objective 3: Develop and strengthen partnerships with the Baltimore City Public School System to expand, enhance and coordinate school- and community-based prevention and intervention approaches.

Objective 4: Implement evidence-based approaches to educate the public about the harmful effects of substance abuse.

GOAL 2: Develop and coordinate substance abuse treatment services that are efficient, effective and available on demand.

Objective 1: Increase public and private funding for substance abuse treatment.

Objective 2: Develop and implement a standardized assessment and referral system to better match individuals’ needs with appropriate levels of care.

Objective 3: Continue to partner with criminal justice, medical, mental health, child welfare, and other social service programs to facilitate and provide substance abuse treatment services for specific populations.

Objective 4: Improve the retention and effectiveness of substance abuse treatment professionals in Baltimore City.

Objective 5: Use existing and newly developed performance measures to increase the effectiveness and efficiency of Baltimore’s treatment system.

GOAL 3: Assist individuals to attain long-term recovery from addiction, and contribute to the community as healthy, productive citizens.

Objective 1: Educate the community about treatment and recovery, and engage their support for individuals and families affected by substance abuse.

Objective 2: Collaborate with faith- and community-based organizations, self-help groups and other human services agencies to increase access and effectiveness of wrap around services for recovering persons.

Objective 3: Develop and implement evidence-based workplace strategies to address substance abuse issues.
JURISDICTIONAL PLAN

GOAL 1: Ensure that Baltimore City residents have access to effective school- and community-based prevention and intervention services.

Objective 1: Increase public and private funding for substance abuse prevention.

Performance Targets:
1. Educate public and private funding sources on the effectiveness and need for prevention services.

Measures:
1. Funding levels for prevention activities.

Objective 2: Expand and enhance approaches to prevent substance abuse among children of substance-abusing parents.

Performance Targets:
1. Reduce the incidence of first-time use of alcohol, tobacco and illegal drugs among children.
2. Increase the number of prevention programs co-located at treatment programs.
3. Increase the number of parents participating in prevention activities.

Measures:
1. Number of new users (Maryland Adolescent Survey, and the National Drug Use and Health Household Survey).
2. Number of evidence-based prevention activities at treatment programs.
3. Number of treatment patients and their children participating in prevention activities.

Objective 3: Develop and strengthen partnerships with the Baltimore City Public School System to expand, enhance and coordinate school- and community-based prevention and intervention approaches.

Performance Targets:
1. Assist the Baltimore City Public School System to identify and implement effective strategies to reduce first-time use and substance abuse among students and families.
2. Develop and implement community-based approaches that offer additional support and reinforcement for children participating in school-based prevention programs.

Measures:
1. Number of prevention approaches utilized in public schools.
2. Truancy, dropout, attendance and grades for children in participating schools.

Objective 4: Continue to identify, support and monitor evidence-based approaches to educate the public about the harmful effects of substance abuse.

Performance Targets:
1. Establish relationships with print, television and radio media to educate the community on substance abuse and addiction issues.
2. Advocate for legislative and policy changes to reduce the impact of substance abuse on the community.
GOAL 2: Develop and coordinate substance abuse treatment services that are available on demand, efficient and effective.

Objective 1: Increase public and private funding for substance abuse treatment.

Performance Targets:
1. Educate public and private funding sources on the effectiveness and need for treatment services.

Measures:
1. Funding levels for treatment.

Objective 2: Develop and implement a standardized assessment and referral system to better match individuals’ needs with appropriate levels of care.

Performance Targets:
1. Develop improved assessment and referral policy and procedures.
3. Improve the continuity of care for patients receiving more than one level of care.
4. Increase the number of individuals receiving treatment in Baltimore City.

Measures:
1. Production of an assessment and referral policies and procedures manual.
2. Number of crisis beds created.
3. SAMIS data on clients’ movement through different levels of care.
4. SAMIS data on patients treated.

Objective 3: Continue partnerships among criminal justice, medical, mental health, child welfare, and other social service programs to facilitate and provide substance abuse treatment services for specific populations.

Performance Targets:
1. Increase and improve treatment for pregnant women and parents, HIV/AIDS patients, injection drug users, drug-involved offenders, adolescents, homeless persons, dually diagnosed persons with mental health and substance abuse problems, and other at-risk populations.

Measures:
1. BSAS data on Baltimore City treatment patients’ demographics and referral sources.
2. Number of new grants for special populations received and implemented.
Objective 4: Improve the retention and effectiveness of substance abuse treatment professionals in Baltimore City.

**Performance Targets:**
1. Develop and implement ongoing training on basic, intermediate and advanced clinical topics, and other treatment-related topics for treatment program staff.
2. Collaborate with the Maryland Addiction Directors Council (MADC) to study and develop recommendations on improving counselor certification requirements.
3. Develop and implement staff recruitment and retention activities.
4. Use the BSAS Web site as a place for education, links to relevant studies, and confidential exchange of information.

**Measures:**
1. Number of trainings offered.
2. Number of staff and programs participating in training.
3. Staff retention rates.
4. Changes to State counselor certification requirements.
5. Content and functionality of BSAS’ new Web site.

Objective 5: Use existing and newly developed performance measures to increase the effectiveness and efficiency of Baltimore’s treatment system.

**Performance Targets:**
1. Providers will meet or exceed DrugStat and ADAA Management For Results (MFR) measures.
2. Develop and begin to monitor a set of at least five citywide health and social indicators to assess the reduction of substance abuse problems and related problems.
3. Evaluate and improve methods of financing treatment services to be consistent with treatment outcomes.

**Measures:**
1. DrugStat and ADAA MFR data.
2. Citywide indicators.
3. Documentation of findings and recommendations for financing treatment

GOAL 3: Assist individuals to attain long-term recovery from addiction and contribute to the community as healthy, productive citizens.

Objective 1: Educate the community about treatment and recovery, and engage their support for individuals and families affected by substance abuse.

**Performance Targets:**
1. Plan and help coordinate annual Chemical Independence Day and/or other community forums.
2. Use BSAS Web site as a site for education and community feedback.

**Measures:**
1. Number of agencies and persons participating in community forums.
2. Content and functionality of new BSAS Web site
Objective 2: Collaborate with faith- and community-based organizations, self-help groups and other agencies to increase access and effectiveness of wrap-around support services for individuals in recovery.

**Performance Targets:**
1. Develop and implement two new wrap-around services for treatment clients.
2. Increase job readiness and employment among persons receiving substance abuse treatment by collaborating with the recovering community and employers.
3. Increase the number of individuals with co-occurring substance abuse and mental health disorder receiving integrated care.
4. Increase housing options for homeless persons receiving substance abuse treatment.
5. Increase the number of individuals with co-occurring substance abuse and mental health disorder receiving integrated care.
6. Reduce criminal justice recidivism by helping ex-offenders transition back to the community.

**Measures:**
1. Number of new wrap-around services developed.
2. Number of patients participating in new-wrap around services.
6. SAMIS/State Management for Results data on employment and arrests among persons discharged from treatment.

Objective 3: Develop and implement evidence-based workplace strategies to address substance abuse issues.

**Performance Targets:**
1. Develop and implement evidence based workplace strategies for Baltimore employers to address substance abuse among employees and their families.

**Measures:**
1. Number of workplace strategies implemented.
2. Number of participating employers.
3. Number of participating employees and family members.