

Maryland's Public Mental Health System

Consumer Perception of Care Survey 2013

DETAILED REPORT

MARYLAND'S PUBLIC MENTAL HEALTH SYSTEM 2013 CONSUMER PERCEPTION OF CARE SURVEY ~TABLE OF CONTENTS~

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I. INTRODUCTION

The Department of Health and Mental Hygiene (DHMH), Mental Hygiene Administration (MHA) launched Maryland's Public Mental Health System (PMHS) in July 1997 as part of the state's Medicaid 1115 waiver reform initiative. Specialty mental health services are delivered through a "carve-out" arrangement that manages public mental health funds under a single payer system. The system serves Medicaid recipients and a subset of uninsured individuals eligible for public mental health services due to severity of illness and financial need. Evaluation of consumer perception of care, including satisfaction with and outcomes of mental health services, is a requirement of the waiver and Code of Maryland Regulations. Findings provide MHA with valuable consumer input that may be used to improve the PMHS.

MHA currently contracts with ValueOptions[®], Inc. to provide administrative services, including evaluation activities, for the PMHS. One of the evaluation activities is the administration of consumer surveys to assess consumer perception of care, including satisfaction with and outcomes of mental health services provided by the PMHS. ValueOptions[®], Inc. subcontracted with Fact Finders, Inc. of Albany, New York to conduct telephone interviews, collect and analyze data, and document the findings. This report represents findings of the 2013 Consumer Perception of Care Survey, which is the thirteenth systematic, statewide consumer perception survey since the inception of the PMHS.

The survey protocol, including methodology, sampling, administration, and data collection is reviewed annually by the DHMH Institutional Review Board (IRB). The IRB is responsible for reviewing research protocols to ensure that the rights, safety, and dignity of human subjects are protected (Appendix A).

This report contains detailed findings and analyses of the survey questions. Condensed versions of the findings may be found in the 2013 Consumer Perception of Care Survey - Executive Summary and the brochures 2013 Consumer Perception of Care Survey - Maryland's Adult Consumers Rate Their Public Mental Health Services and 2013 Consumer Perception of Care Survey - Maryland's Caregivers Rate Their Children's Public Mental Health Services. To obtain a copy of any of these documents, visit the following Web site: www.dhmh.state.md.us/mha, or contact MHA.

II. METHODOLOGY

A. Survey Population

The potential survey population consisted of PMHS consumers for whom claims were received for outpatient mental health services rendered between January and December 2012. The sample was stratified by age and county of residence. Individuals were then randomly selected from among these groups. Service types for adults included outpatient mental health treatment services or psychiatric rehabilitation services. Service types for children included outpatient

mental health treatment services or family support services (i.e., psychiatric rehabilitation, mobile treatment, case management, and/or respite services). Individuals (16 years of age or older at the time of service) responded to the adult survey on their own behalf, while parents or caregivers responded to the child survey on behalf of children and adolescents under the age of 16. The survey was administered by telephone with individuals who agreed to participate.

B. Notification of Survey Population

Twenty eight thousand (28,000) notification letters were mailed ten (10) days prior to survey administration; 20,000 letters were to the adult survey sample (Appendix B), and 8,000 were to the child/caregiver survey sample (Appendix C). The letter informed the survey population of the upcoming survey, described the survey topics, and offered general instructions. The letter contained a toll-free telephone number that a potential respondent could call twenty-four hours a day to receive more information about the survey, ask questions, or provide notification of their willingness or unwillingness to participate. A voicemail system captured calls made during non-business hours. The database was updated daily based on these voicemail messages.

C. Survey Instruments

Separate survey instruments were used for adults and for caregivers. The adult and the caregiver instruments both originated from a Federal initiative, the Mental Health Statistics Improvement Project (MHSIP) - Consumer Surveys. Items from these surveys are incorporated into the Center for Mental Health Services Uniform Reporting System (URS) for Federal Block Grant reporting. The Maryland Adult Perception of Care Survey (Appendix D) is based on the MHSIP Adult Consumer Survey, while the Maryland Child and Family Perception of Care Survey (Appendix E) is based on the MHSIP Youth Services Survey for Families (YSS-F). In addition to the MHSIP items, both survey instruments include demographic items, service-specific sections, and selected items of interest regarding living situation, employment, education, and coordination of care.

D. Interviewer Training and Supervision

Interviewers and supervisory staff received extensive project-specific training prior to beginning data collection. The training included project goals and guidelines, research methods, survey instruments, survey populations, and guided responses to anticipated questions from potential respondents. Interviewers were provided with a script and emergency numbers to use if they encountered a consumer experiencing a mental health crisis or needing immediate intervention. The interviewers were all experienced with the Computer Assisted Telephone Interviewing (CATI) software used and familiar with HIPAA guidelines regarding protected health information (PHI). Supervision and quality control auditing were continuous for the duration of data collection

E. Confidentiality, Consent, and Protection of Respondent Information

There are a number of mechanisms in place to safeguard confidentiality and to protect respondent information:

- Potential respondents were assured that all survey responses were confidential.
- Potential respondents were able to opt in or out of the survey.
- Potential respondents were assured that their responses would not affect the services they receive.
- Potential respondents were assured that opting out of the survey would not affect the services they receive.
- Individuals who declined to participate were not contacted again.
- Individuals who wished to be contacted at a certain time were scheduled and called back at their preferred time.
- Messages were not left on answering machines or with individuals who were not the potential participant.
- The CATI software is located on a password-protected server, with access limited to authorized interviewers and designated management staff.
- Completed surveys were not linked to consumer-identifying information.
- Employee Confidentiality Agreement forms were signed by all interviewers assigned to this project.

The oversight and monitoring of data collection were in accordance with the IRB-approved protocol and managed by the ValueOptions[®], Inc. Quality Improvement Director and Fact Finders senior staff.

F. Data Collection

CATI software was used to collect survey responses. This software ensures that survey questions and response choices are worded consistently for all respondents.

Of the 20,000 consumers selected for the adult sample, 3,176 were successfully contacted to request participation in the survey; 1,036 completed the survey for a response rate of 32.6%. Of the 8,000 child/caregiver consumers selected for the sample, 2,043 were successfully contacted to request participation in the survey; 837 completed the survey for a response rate of 40.9%.

The potential survey sample was stratified by the geographic distribution of consumers served, based on claims data. The regional breakdown of the potential survey sample and final distribution of survey respondents are shown in the following table.

Geographic Distribution of Original Sample	Adult	Child/ Caregiver	Geographic Distribution of Survey Respondents	Adult	Child/ Caregiver
Baltimore City	28.6%	26.1%	Baltimore City	26.1%	22.5%
Eastern	12.0%	13.8%	Eastern	12.4%	15.1%
Metropolitan	36.9%	38.7%	Metropolitan	35.6%	34.1%
Suburban	11.9%	11.8%	Suburban	13.0%	15.7%
Western	10.5%	9.7%	Western	12.9%	12.8%

G. Data Analysis and Reporting

Data analyses were conducted using SPSS® analytic software. This report presents frequency distributions of survey questions. As a result of rounding percentages to tenths, totals may not equal exactly 100.0% (+/- 0.2%). The total for each question reflects the total number of respondents who answered the question, which in some cases is a subsample of the total number of survey respondents.

The perception of care response categories are presented in tables that include the mean (average), standard deviation (S.D., the variability of the responses around the mean), and percent (%) of responses. Responses are based on the five-point Likert scale: "strongly agree," "agree," "neutral," "disagree," and "strongly disagree." The percentages and means are calculated using only those respondents who answered within the context of the five-point Likert scale. Those who responded "not applicable" or "don't know," or who refused to answer a particular question, were excluded from the analysis of that item. As a result, the number of respondents (N) for each item may vary. Lower mean scores indicate either greater satisfaction or more positive outcomes.

H. Limitations

The main limitation of this survey is the poor quality of consumer telephone numbers. The sample of potential respondents was drawn from consumers for whom there was a phone number provided in the database; therefore, consumers with no phone number in the database were not given an opportunity to participate. Of the 20,000 adult consumers selected to be in the sample, 7,127 (35.6%) had inaccurate (not in service, or the consumer not at that number) telephone numbers. Of the 8,000 child consumers selected to be in the sample, 2,850 (35.6%) had inaccurate telephone numbers.

III. ADULT SURVEY RESULTS

A. Summary of Respondent Characteristics

Characteristic		%
Gender	Female	65.8
Genuer	Male	34.2
	Under 21	7.2
	21-30	17.7
Ago	31-40	17.7
Age	41-50	26.7
	51-60	24.6
	61 and older	6.1
	Black or African-American	42.3
Race	White or Caucasian	53.6
Kace	More than one race reported	0.3
	Refused/Don't Know/Other	2.3
Ethnicity	Spanish, Hispanic, or Latino	6.0
	Working full-time	8.6
	Working part-time	10.7
	Unemployed, but looking for work	18.5
	Unemployed, not looking for work	10.6
	Permanently disabled, not working	33.5
Employment	Homemaker	3.3
	Student	6.2
	Volunteer	0.9
	Retired	2.4
	Other	4.5
	Don't Know/Refused	0.8

B. Detail of Respondent Demographic and Social Characteristics

1. Gender

	Frequency	Percent
Female	682	65.8
Male	354	34.2
Total	1036	100.0

2. How old are you?

	Frequency	Percent
<21	75	7.2
21-30	183	17.7
31-40	183	17.7
41-50	277	26.7
51-60	255	24.6
>60	63	6.1
Total	1036	100.0
Range	16 to 76	
Mean	42.0	

3. What is your race?

	Frequency	Percent
American Indian or Alaska Native	4	0.4
Asian	13	1.3
Black or African- American	438	42.3
White or Caucasian	555	53.6
More than one race	3	0.3
Some other race	22	2.1
Don't Know/Refused	1	0.1
Total	1036	100.0

4. Are you of Spanish, Hispanic, or Latino origin?

	Frequency	Percent
Hispanic	62	6.0
Not Hispanic	974	94.0
Total	1036	100.0

C. Employment Status

10. What is your current employment situation?

	Frequency	Percent
Working full-time	89	8.6
Working part-time	111	10.7
Unemployed, but looking for work	192	18.5
Unemployed, not looking for work	110	10.6
Permanently disabled, not working	347	33.5
Homemaker	34	3.3
Student	64	6.2
Volunteer	9	0.9
Retired	25	2.4
Other	47	4.5
Don't Know/Refused	8	0.8
Total	1036	100.0

D. Use of Mental Health Services

First, thinking about the kinds of mental health services that you may have received.

1. In the past 12 months, have you been to an outpatient mental health program or provider, psychiatrist, or therapist?

	Frequency	Percent
Yes	1022	98.6
No	14	1.4
Total	1036	100.0

2. (If yes to Q1) How long have you received these mental health services?

	Frequency	Percent
Less than 1 year	288	28.2
1 year or more	730	71.4
Don't Know/Refused	4	0.4
Total	1022	100.0

3. In the past 12 months, have you received psychiatric rehabilitation services such as day program or PRP services?

	Frequency	Percent
Yes	204	19.7
No	759	73.3
Don't Know/Refused	73	7.0
Total	1036	100.0

4. (If yes to Q3) How long have you received psychiatric rehabilitation services?

	Frequency	Percent
Less than 1 year	49	24.0
1 year or more	155	76.0
Total	204	100.0

5. In the past 12 months, have you received residential rehabilitation services or RRP services?

	Frequency	Percent
Yes	82	7.9
No	899	86.8
Don't Know/Refused	55	5.3
Total	1036	100.0

6. In the past 12 months, have you seen any other medical professional for a mental or emotional problem or a problem with your nerves?

	Frequency	Percent
Yes	269	26.0
No	753	72.7
Don't Know/Refused	14	1.4
Total	1036	100.0

7. In the past 12 months, have you spent at least one night in a hospital, emergency room, or crisis bed because of a mental or emotional problem or a problem with your nerves?

	Frequency	Percent
Yes	166	16.0
No	869	83.9
Don't Know/Refused	1	0.1
Total	1036	100.0

8. In the past 12 months, have you participated in a mental health self-help group? (e.g., On Our Own, depression support group, family support group, etc.)

	Frequency	Percent
Yes	212	20.5
No	816	78.8
Don't Know/Refused	8	0.8
Total	1036	100.0

E. Substance Abuse Services

Now, I would like to ask you about the kinds of services that you have received for a substance abuse problem, such as an alcohol or drug use problem.

1. In the past 12 months, did you attempt to get or were you referred for substance abuse services?

	Frequency	Percent
Yes	171	16.5
No	862	83.2
Don't Know/Refused	3	0.3
Total	1036	100.0

2. (If yes to Q1) Were you able to receive substance abuse services?

	Frequency	Percent
Yes	156	91.2
No	12	7.0
Don't Know/Refused	3	1.8
Total	171	100.0

3. (If yes to Q2) Were you satisfied with your substance abuse services?

	Frequency	Percent
Yes	133	85.3
No	19	12.2
Don't Know/Refused	4	2.6
Total	156	100.0

4. In the past 12 months, have you spent at least one night in a hospital, emergency room, or crisis bed because of a substance abuse problem?

	Frequency	Percent
Yes	47	4.5
No	986	95.2
Don't Know/Refused	3	0.3
Total	1036	100.0

F. Physical Health Services

Thinking about your physical health care.

1. Do you have a primary health care provider?

	Frequency	Percent
Yes	940	90.7
No	85	8.2
Don't Know/Refused	11	1.1
Total	1036	100.0

2. (If yes to Q1) To your knowledge, have your primary health care provider and your mental health provider spoken with each other about your health or mental health?

	Frequency	Percent
Yes	311	33.1
No	446	47.4
Don't Know/Refused	183	19.5
Total	940	100.0

3. In the past 12 months, did you see a medical professional for a health check-up or because you were sick?

	Frequency	Percent
Yes	842	81.3
No	188	18.1
Don't Know/Refused	6	0.6
Total	1036	100.0

4. In the past 12 months, have you spent at least one night in a hospital because of a physical illness or health problem?

	Frequency	Percent
Yes	242	23.4
No	785	75.8
Don't Know/Refused	9	0.9
Total	1036	100.0

G. Arrests and Police Encounters

Consumers receiving outpatient mental health treatment services for less than 1 year (N=288)

Thinking about your legal history,

1. Were you arrested since you began to receive mental health services?

	Frequency	Percent
Yes	11	3.8
No	276	95.8
Don't Know/Refused	1	0.3
Total	288	100.0

2. Were you arrested during the 12 months prior to that?

	Frequency	Percent
Yes	31	10.8
No	256	88.9
Don't Know/Refused	1	0.3
Total	288	100.0

3. Since you began to receive mental health services, have your encounters with the police...

	Frequency	Percent
Been reduced	26	9.0
Stayed the same	8	2.8
Increased	1	0.3
N/A (had no police encounters this year or last year)	253	87.8
Total	288	100.0

Consumers receiving outpatient mental health treatment services for 1 year or more (N=734)

Thinking about your legal history,

1. Were you arrested during the past 12 months?

	Frequency	Percent
Yes	33	4.5
No	696	94.8
Don't Know/Refused	5	0.7
Total	734	100.0

2. Were you arrested during the 12 months prior to that?

	Frequency	Percent
Yes	32	4.4
No	695	94.7
Don't Know/Refused	7	0.9
Total	734	100.0

3. Over the past year, have your encounters with police...

	Frequency	Percent
Been reduced	45	6.1
Stayed the same	19	2.6
Increased	12	1.6
N/A (had no police encounters this year or last year)	650	88.6
Don't Know/Refused	8	1.1
Total	734	100.0

H. Satisfaction with Outpatient Mental Health Treatment Services

agreed or disagreed with 23 statements regarding the outpatient services they received. Respondents indicated the degree to which they agreed or disagreed with the statement using a five-point Likert scale of "strongly agree," "neutral," "disagree," and "strongly disagree."* Nearly all respondents (1022 = 98.6%) reported receiving some type of outpatient mental health treatment service. Respondents were asked how much they

					Likert S	Likert Scale Percentages*	ntages*	
Statement	*	*	* * *	Strongly				Strongly
	N	Mean	SD	Agree	Agree	Neutral	Disagree	Disagree
I like the services that I received.	1018	1.83	1.0	41.3	45.2	5.4	5.3	2.8
If I had other choices, I would still get services from this provider.	1011	1.93	1.0	39.6	43.1	5.5	8.4	3.4
I would recommend this provider to a friend or a family member.	1018	1.9	1.1	41.3	43.0	4.7	6.7	4.3
The location of services was convenient.	1017	1.9	1.0	38.6	46.8	5.6	6.4	2.6
Staff were willing to see me as often as I felt it was necessary.	1012	1.9	1.0	37.5	49.0	4.0	6.3	3.3
Staff returned my calls in 24 hours.	996	2.1	1.1	32.5	47.0	6.7	10.0	3.7
Services were available at times that were good for me.	1021	1.9	6.0	36.0	51.8	3.9	5.9	2.4
I was able to get all the services I thought I needed.	1013	2.0	1.1	33.1	47.9	5.3	9.6	4.1
I was able to see a psychiatrist when I wanted to.	<i>L</i> 96	2.1	1.1	29.2	48.8	6.1	11.8	4.1
Staff here believe that I can grow, change, and recover.	996	1.8	8.0	37.9	49.6	7.0	3.9	1.6
I felt comfortable asking questions about my treatment and medication.	1000	1.8	8.0	40.4	50.7	3.3	3.5	2.1
I felt free to complain.	866	1.9	6.0	36.0	51.4	4.6	6.5	2.1
I was given information about my rights.	1001	1.8	8.0	38.4	52.8	2.8	4.3	1.7
Staff encouraged me to take responsibility for how I live my life.	981	1.9	8.0	33.6	54.1	5.6	5.1	1.5
Staff told me what side effects to watch out for.	953	2.0	1.0	31.8	49.2	6.2	1.01	2.7
Staff respected my wishes about who is and is not to be given information about my treatment.	994	1.7	0.7	42.5	51.4	2.7	2.2	1.2
I, not staff, decided my treatment goals.	978	2.1	1.0	26.2	50.5	10.1	6.01	2.2
Staff helped me obtain the information I needed so that I could take charge of managing my illness.	981	1.9	6.0	30.8	54.1	6.9	6.2	1.9
I was encouraged to use consumer-run programs.	929	2.3	1.1	24.2	44.1	10.1	17.4	4.1
Staff were sensitive to my cultural or ethnic background.	616	2.0	6.0	29.3	54.5	9.4	5.4	1.4
Staff respected my family's religious or spiritual beliefs.	905	1.8	0.7	33.0	55.9	8.1	2.2	8.0
Staff treated me with respect.	1020	1.7	0.7	43.3	51.9	1.5	2.4	1.0
Staff spoke with me in a way that I understood.	1017	1.7	9.0	40.1	56.1	1.8	1.3	0.7
*Not all respondents answered each statement. Likert scale percentages are calculated using the individual N. Due to rounding, rows may not sum to 100%.	ue to roun	ding, rows	may not su	m to 100%.				

Lower mean scores indicate higher satisfaction levels. *SD is an abbreviation for Standard Deviation.

I. Satisfaction with Psychiatric Rehabilitation Program Services

or disagreed with 21 statements regarding the psychiatric rehabilitation services they received. Respondents indicated the degree to which they agreed or disagreed with the statement using a five-point Likert scale of "strongly agree," "agree," "disagree," and "strongly disagree."* Less than one-quarter (204 = 19.7%) of survey respondents reported receiving psychiatric rehabilitation services. Respondents were asked how much they agreed

					Likert	Likert Scale Percentages*	ntages*	
Statement	*	* *	* * *	Strongly				Strongly
	N	Mean	\mathbf{SD}	Agree	Agree	Neutral	Disagree	Disagree
I like the services I received.	202	1.8	8.0	40.1	51.0	4.5	2.5	2.0
If I had other choices, I would still get services from this provider.	203	1.8	6.0	38.9	48.8	4.4	4.9	3.0
I would recommend this provider to a friend or a family member.	203	1.8	6.0	40.9	46.8	4.4	5.9	2.0
The location of services was convenient.	201	1.8	8.0	36.3	51.7	5.5	0.9	0.5
Staff were willing to see me as often as I felt it was necessary.	201	1.9	6.0	32.3	54.7	3.5	0.6	0.5
Staff returned my calls in 24 hours.	194	2.1	1.0	28.9	52.1	5.2	11.3	2.6
Services were available at times that were good for me.	202	1.9	8.0	33.2	55.4	5.4	5.4	0.5
I was able to get all the services I thought I needed.	199	1.9	6.0	34.2	53.8	4.0	4.5	3.5
Staff here believe that I can grow, change, and recover.	193	1.8	8.0	37.3	51.8	4.1	5.7	1.0
I felt comfortable asking questions about my rehabilitation.	200	1.8	8.0	37.5	54.5	2.5	4.5	1.0
I felt free to complain.	200	1.9	6.0	35.5	52.5	3.5	7.0	1.5
I was given information about my rights.	202	1.7	0.7	36.6	57.4	1.5	4.0	0.5
Staff encouraged me to take responsibility for how I live my life.	198	1.8	6.0	36.4	51.5	5.1	5.6	1.5
Staff respected my wishes about who is and is not to be given information about my rehabilitation.	199	1.7	8.0	40.2	53.3	1.5	4.5	0.5
I, not staff, decided my rehabilitation goals.	196	2.0	6.0	27.0	54.1	8.7	9.2	1.0
Staff helped me obtain the information I needed so that I could take charge of managing my illness.	197	1.8	8.0	34.5	53.3	5.6	9.9	0.0
I was encouraged to use consumer-run programs.	198	2.0	6.0	27.8	54.5	9:9	10.6	0.5
Staff were sensitive to my cultural or ethnic background.	183	1.9	6.0	33.3	51.9	8.2	5.5	1.1
Staff respected my family's religious or spiritual beliefs.	185	1.8	0.7	33.0	55.1	9.2	1.6	1.1
Staff treated me with respect.	201	1.7	8.0	41.8	51.2	3.0	3.0	1.0
Staff spoke with me in a way that I understood.	202	1.7	9.0	36.1	6.65	1.0	3.0	0.0
*Not all respondents answered each statement. Likert scale percentages are calculated using the individual N. Due to rounding, rows may not sum to 100%.	lual N. Du	e to roundii	ıg, rows m	ay not sum to 10	0%.			

** Lower mean scores indicate ligher satisfaction levels. *** SD is an abbreviation for Standard Deviation.

J. Overall Satisfaction with Mental Health Services

Respondents were asked how much they agreed or disagreed with the statement, "Overall, I am satisfied with the mental health services I received." Respondents indicated the degree to which they agreed or disagreed with the statement using a five-point Likert scale of "strongly agree," "agree," Overall satisfaction with all mental health services received was assessed using the same Likert scale as was used throughout the survey. "neutral," "disagree," and "strongly disagree."*

					Likert S	Likert Scale Perce	ntages*		
Statement	*	* *	* * *	Strongly				Strongly	
	Z	Mean	SD	Agree	Agree	Neutral	Disagree	Disagree	
Overall, I am satisfied with the mental health services I received.	1033	2.0	6.0	32.0	52.3	7.0	5.7	3.0	

^{*} Not all respondents answered each statement. Likert scale percentages are calculated using the individual N. Due to rounding, row may not sum to 100%.

^{**} Lower mean scores indicate higher satisfaction levels.

^{***} SD is an abbreviation for Standard Deviation.

K. Outcome Measures

which they agreed or disagreed with the statement using a five-point Likert scale of "strongly agree," "agree," "neutral," "disagree," and "strongly Respondents were asked how they benefited from the mental health services they received. Each question begins with the statement: "As a direct result of all the mental health services I received" and was followed by the specific outcome of services. Respondents indicated the degree to disagree."*

					Likert S	Likert Scale Percentages*	ntages*	
Statement	-*	* *	* * *	Strongly				Strongly
	Z	Mean	SD	Agree	Agree	Neutral	Disagree	Disagree
I deal more effectively with daily problems.	1007	2.1	1.0	26.0	49.9	13.5	7.8	2.8
I am better able to control my life.	1016	2.1	1.0	24.8	49.5	15.0	8.1	2.7
I am better able to deal with crisis.	1005	2.2	1.0	22.0	49.1	16.0	10.2	2.7
I am getting along better with my family.	970	2.2	1.0	24.9	47.5	14.4	10.4	2.7
I do better in social situations.	886	2.4	1.1	19.0	43.5	18.5	14.9	4.0
I do better in school and/or work.	989	2.4	1.1	20.3	44.0	18.1	13.6	4.1
My housing situation has improved.	868	2.4	1.1	20.8	41.0	17.1	16.4	4.7
My symptoms are not bothering me as much.	666	2.6	1.2	16.9	38.3	17.5	20.3	6.9
I do things that are more meaningful to me.	866	2.3	1.0	21.5	48.9	15.0	12.2	2.3
I am better able to take care of my needs.	1000	2.2	6.0	20.7	52.3	15.8	9.5	1.7
I am better able to handle things when they go wrong.	1010	2.4	1.1	19.2	45.6	17.2	13.6	4.4
I am better able to do things that I want to do.	1000	2.4	1.1	17.7	46.7	16.5	15.7	3.4
I am happy with the friendships I have.	1001	2.2	6.0	22.3	51.9	16.1	7.5	2.2
I have people with whom I can do enjoyable things.	1015	2.1	1.0	24.6	52.1	10.7	10.9	1.6
I feel I belong in my community.	1014	2.3	1.0	20.2	47.2	16.9	12.7	3.0
In a crisis, I would have the support I need from family or friends.	1027	2.1	1.0	28.3	49.4	10.1	9.1	3.1
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Not all respondents answered each statement. Likert scale percentages are calculated using the individual N. Due to rounding, rows may not sum to 100%.

^{**} Lower mean scores indicate more positive outcomes.

^{***} SD is an abbreviation for Standard Deviation.

L. Additional Statistical Analyses

Statistical analysis of survey results was conducted to determine if survey responses differ across demographic categories of respondents. The level of significance indicates the likelihood that observed differences between populations reflect actual differences in opinion, rather than chance. For this report, a significance level of (p<.05) is considered statistically significant, which indicates that there is a less than 5% chance that observed differences are based on chance. Please note that the presence of a statistically significant relationship between survey measures does not necessarily imply causation.

The following differences are statistically significant.

Demographics

Employed respondents are younger, on average, than unemployed (mean age of employed respondents: 37.3 vs. 42.8).

Use of Mental Health and Other Services

Respondents over age 40 are more likely than those age 40 and younger to have:

- Been in outpatient treatment for one year or longer (78.9% vs. 62.2%).
- Received psychiatric rehabilitation services (26.6% vs. 10.4%).
- Been in psychiatric rehabilitation services for one year or longer (81.6% vs. 56.5%).
- Received residential rehabilitation services (10.6% vs. 4.3%).
- Participated in a mental health self-help group (24.9% vs. 14.5%).
- A primary health care provider (94.6% vs. 87.5%)
- Reported that primary care physician and mental health services provider communicated with each other (42.8% vs. 33.6%).
- Seen a medical professional for a health check-up or illness (85.7% vs. 75.3%).
- Spent a night in the hospital because of a physical illness or health problem (27.4% vs. 17.9%).

Respondents under the age 40 are more likely than those over the age of 40 and older to have:

• Been arrested 12 months prior to receiving mental health services (9.4% vs. 3.8%).

Black/African-American respondents are more likely than other respondents to have:

- Received psychiatric rehabilitation services (23.0% vs. 17.3%).
- Received residential rehabilitation or RRP services (10.2% vs. 6.2%).

White/Caucasian respondents are more likely than other respondents to have:

• Seen a medical professional for a health check-up or illness (83.6% vs. 78.6%).

Male respondents are more likely than female respondents to have:

- Received residential rehabilitation or RRP services (10.7% vs. 6.5%).
- Participated in a mental health self-help group (25.7% vs. 17.7%).
- Attempted to get or were referred to substance abuse services (23.7 vs.12.8%).

- Been satisfied with their substance abuse services (94.5% vs. 81.0%).
- Reported that primary care physician and mental health services provider communicated with each other (47.9% vs. 38.0%).
- Been arrested in the last 12 months (6.6% vs. 3.1%).
- Been arrested 12 months prior to the last 12 months (22.7% vs. 4.7%).

Female respondents are more likely than male respondents to have:

- A primary health care provider (93.5% vs. 87.9%).
- Seen a medical professional for a health check-up or illness (84.2% vs. 75.7%).

Unemployed respondents are more likely than employed respondents to have:

- Been in outpatient treatment for one year or longer (74.1% vs. 59.8%).
- Received residential rehabilitation services (21.4% vs. 11.0%).
- Attempted to get or were referred to substance abuse services (18.0 vs.12.6%).
- Spent a night in the hospital because of a physical illness or health problem (27.4% vs. 17.9%).
- Had an inpatient stay for mental health reasons (24.6% vs. 14.0%).

Outcome Measures

Responses to *Outcome Measures* survey items are coded into an ordinal scale ranging from 1 (strongly agree) to 5 (strongly disagree). Means are calculated for each item, with lower mean scores indicating more positive outcome.

Employed respondents agree more than unemployed respondents with 16 of the 16 outcome statements:

- I deal more effectively with daily problems (2.2 vs. 1.9).
- I am better able to control my life (2.2 vs. 1.9).
- I am better able to deal with crisis (2.3 vs. 2.0).
- I am getting along better with my family (2.2 vs. 2.0).
- I do better in social situations (2.5 vs. 2.1).
- I do better in school and/or work (2.5 vs. 2.0).
- My housing situation has improved (2.5 vs. 2.2).
- My symptoms are not bothering me as much (2.7 vs. 2.2).
- I do things that are more meaningful to me (2.3 vs. 2.0).
- I am better able to take care of my needs (2.3 vs. 2.0).
- I am better able to handle things when they go wrong (2.5 vs. 2.0).
- I am better able to do things that I want to do (2.5 vs. 2.1).
- I am happy with the friendships I have (2.2 vs. 2.0).
- I have people with whom I can do enjoyable things (2.2 vs. 1.9).
- I feel I belong to my community (2.4 vs. 2.1).
- In a crisis, I would have the support I need from family or friends (2.1 vs. 1.9).

IV. CHILD AND CAREGIVER SURVEY RESULTS

A. Summary of Caregiver Respondent Characteristics

Characteristic		%
Gender	Female	89.1
Gender	Male	10.9
	20-50	73.6
A go	51-70	16.8
Age	71 and older	1.6
	Refused/Don't Know	8.0
Race	Black or African-American	41.1
	White or Caucasian	46.8
	More than one race reported	3.6
	Other	6.8
	Refused/Don't Know	1.7
Ethnicity	Spanish, Hispanic, or Latino	5.4

B. Summary of Child Characteristics

Characteristic		%
Candan	Female	37.4
Gender	Male	62.6
	1-4	4.8
A	5-9	37.6
Age	10-14	49.8
	15 and older	7.8
Race	Black or African-American	48.6
	White or Caucasian	44.6
	More than one race reported	1.4
	Other	5.3
	Refused/Don't Know	0.1
Ethnicity	Spanish, Hispanic, or Latino	8.5
Education	Currently in school	96.5
Education	Have repeated a grade	16.5

C. Detail of Caregiver Respondent Demographic and Social Characteristics

1. Parent/caregiver gender

	Frequency	Percent
Female	746	89.1
Male	91	10.9
Total	837	100.0

2. Parent/caregiver age?

	Frequency	Percent
Under 21	2	0.2
21-30	169	20.2
31-40	267	31.9
41-50	178	21.3
51-60	95	11.4
61-70	46	5.5
>70	13	1.6
Don't Know/Refused	67	8.0
Total	837	100.0

3. What is your race?

	Frequency	Percent
American Indian or Alaska Native	8	1.0
Asian	5	0.6
African-American or Black	344	41.1
Native Hawaiian or Pacific Islander	2	0.2
White or Caucasian	392	46.8
More than one race reported	30	3.6
Other	42	5.0
Don't Know/Refused	14	1.7
Total	837	100.0

4. Are you of Spanish, Hispanic, or Latino origin?

	Frequency	Percent
Hispanic	45	5.4
Not Hispanic	785	93.8
Don't Know/Refused	7	0.8
Total	837	100.0

D. Detail of Child Demographic and Social Characteristics

1. Child's gender

	Frequency	Percent
Female	313	37.4
Male	524	62.6
Total	837	100.0

2. Child's age

	Frequency	Percent
1-4	40	4.8
5-9	315	37.6
10-14	417	49.8
>14	65	7.8
Total	837	100.0

3. What is (child's) race?

	Frequency	Percent
American Indian or Alaska Native	1	0.1
Asian	4	0.5
African-American or Black	407	48.6
Native Hawaiian or Pacific Islander	1	0.1
White or Caucasian	373	44.6
More than one race reported	12	1.4
Other	38	4.6
Don't Know/Refused	1	0.1
Total	837	100.0

4. Is (child) of Spanish, Hispanic, or Latino origin?

	Frequency	Percent
Yes	71	8.5
No	766	91.5
Total	837	100.0

8. Is (child) currently going to school?

	Frequency	Percent
Yes	783	96.5
No	25	3.1
Don't Know/Refused	3	0.4
Total	811	100.0

9. Has (child) ever repeated a grade?

	Frequency	Percent
Yes	134	16.5
No	673	83.0
Don't Know/Refused	4	0.5
Total	811	100.0

E. Use of Mental Health Services

Thinking about the kinds of mental health services that (child) may have received.

1. In the past 12 months, has (child) been to an outpatient mental health program or provider, psychiatrist, or therapist?

	Frequency	Percent
Yes	811	96.9
No	25	3.0
Don't Know/Refused	1	0.1
Total	837	100.0

2. (If yes to Q1) How long has (child) received these mental health services?

	Frequency	Percent
<1 month	38	4.7
1 month-5months	161	19.9
6 months-<1 year	163	20.1
1 year or more	439	54.1
Don't Know/Refused	10	1.2
Total	811	100.0

3. In the past 12 months, has (child) received psychiatric family support services, including psychiatric rehabilitation, respite care, after-school, in-home, mobile crisis, or case management services?

	Frequency	Percent
Yes	222	26.5
No	575	68.7
Don't Know/Refused	40	4.8
Total	837	100.0

4. (If yes to Q3) How long has (child) received psychiatric family support services?

	Frequency	Percent
Less than 1 year	87	39.2
1 year or more	132	59.5
Don't Know/Refused	3	1.4
Total	222	100.0

5. In the past 12 months, has (child) seen a pediatrician or any other medical professional for an emotional or behavioral problem?

	Frequency	Percent
Yes	355	42.4
No	476	56.9
Don't Know/Refused	6	0.7
Total	837	100.0

6. In the past 12 months, has (child) spent at least one night in a hospital, emergency room, or crisis bed because of an emotional or behavioral problem?

	Frequency	Percent
Yes	45	5.4
No	792	94.6
Total	837	100.0

7. In the past 12 months, has (child) participated in a mental health support or self-help group such as peer counseling?

	Frequency	Percent
Yes	207	24.7
No	608	72.6
Don't Know/Refused	22	2.6
Total	837	100.0

8. In the past 12 months, have you participated in a support or self-help group for parents or caregivers with children or adolescents who have emotional, mental, learning or behavioral disorders?

	Frequency	Percent
Yes	151	18.0
No	684	81.7
Don't Know/Refused	2	0.2
Total	837	100.0

9. Is (child) on medication for emotional or behavioral problems?

	Frequency	Percent
Yes	412	49.2
No	425	50.8
Total	837	100.0

10. (If yes to Q9) Did the doctor or nurse tell you and/or (child) what side effects to watch for?

	Frequency	Percent
Yes	362	87.9
No	45	10.9
Don't Know/Refused	5	1.2
Total	412	100.0

11. Does (child's name) have any siblings?

	Frequency	Percent
Yes	700	83.6
No	134	16.0
Don't Know/Refused	3	0.4
Total	837	100.0

12. (If yes to Q11) Are any of (child)'s siblings receiving mental health services?

	Frequency	Percent
Yes	216	25.8
No	440	52.6
Don't Know/Refused	47	5.6
No siblings	134	16.0
Total	837	100.0

F. Substance Abuse Services

Consumers age 13 and older (N = 244)

1. In the past 12 months, did (child) attempt to get or was he/she referred for substance abuse services?

	Frequency	Percent
Yes	10	4.1
No	232	95.1
Don't Know/Refused	2	0.8
Total	244	100.0

2. (If yes to Q1) Was (child) able to receive substance abuse services?

	Frequency	Percent
Yes	8	80.0
No	2	20.0
Total	10	100.0

3. (If yes to Q2) Were you satisfied with (child's) substance abuse services?

	Frequency	Percent
Yes	6	75.0
No	2	25.0
Total	8	100.0

4. Has (child) spent at least one night in a hospital, emergency room, or crisis bed because of a substance abuse problem?

	Frequency	Percent
Yes	0	0.0
No	243	99.6
Don't Know/Refused	1	0.4
Total	244	100.0

G. Physical Health Services

1. Does (child) have a primary health care provider?

	Frequency	Percent
Yes	832	99.4
No	5	0.6
Total	837	100.0

2. (If yes to Q1) To your knowledge, has (child)'s primary health care provider and (child)'s mental health provider spoken with each other about (child)'s health or mental health?

	Frequency	Percent
Yes	297	35.7
No	382	45.9
Don't Know/Refused	153	18.4
Total	832	100.0

3. In the past 12 months, did (child) see a pediatrician, other medical doctor, or nurse for a health check-up or because he/she was sick?

	Frequency	Percent
Yes	759	90.7
No	76	9.1
Don't Know/Refused	2	0.2
Total	837	100.0

4. In the past 12 months, has (child) spent at least one night in a hospital because of a physical illness or health problem?

	Frequency	Percent
Yes	39	4.7
No	795	95.0
Don't Know/Refused	3	0.4
Total	837	100.0

H. Arrests, Police Encounters, School Suspensions, and School Expulsions

Questions 1-3: Consumers, age 13 and older only, receiving outpatient services for less than 1 year (N = 90)

Questions 4-6: Consumers receiving outpatient services for less than 1 year (N = 362)

1. Was (child) arrested since beginning to receive mental health services?

	Frequency	Percent
Yes	5	5.6
No	84	93.3
Don't Know/Refused	1	1.1
Total	90	100.0

2. Was (child) arrested during the 12 months prior to that?

	Frequency	Percent
Yes	2	2.2
No	87	96.7
Don't Know/Refused	1	1.1
Total	90	100.0

3. Since (child) began receiving mental health services, have their encounters with the police...

	Frequency	Percent
Been reduced	7	7.8
Stayed the same	1	1.1
Increased	3	3.3
N/A (had no police encounters this year or last year)	78	86.7
Don't Know/Refused	1	1.1
Total	90	100.0

(Skip Q4 through Q6 if child is too young for school)

4. Was (child) expelled or suspended since beginning services?

	Frequency	Percent
Yes	45	12.4
No	313	86.5
Don't Know/ Refused	4	1.1
Total	362	100.0

5. Was (child) expelled or suspended during the 12 months prior to that?

	Frequency	Percent
Yes	40	11.0
No	318	87.8
Don't Know/Refused	4	1.1
Total	362	100.0

6. Since starting to receive services, is the number of days (child) was in school:

	Frequency	Percent
Greater	60	16.6
About the same	184	50.8
Less	22	6.1
Does not apply	95	26.2
Don't Know/Refused	1	0.3
Total	362	100.0
Does not apply category	detail:	
Did not have a problem with attendance before starting services	54	56.3
Too young for school last year	11	11.5
Home schooled	1	1.0
Other	12	12.5
Don't Know/Refused	18	18.7
Total	96	100.0

Arrests, Police Encounters, School Suspensions, and School Expulsions

Questions 7-9: Consumers, age 13 and older only, receiving outpatient services one year or more (N = 146)

Questions 10-12: Consumers receiving outpatient services one year or more (N = 449)

7. Was (child) arrested during the past 12 months?

	Frequency	Percent
Yes	12	8.2
No	134	91.8
Don't Know/Refused	0	0.0
Total	146	100.0

8. Was (child) arrested during the 12 months prior to that?

	Frequency	Percent
Yes	4	2.7
No	142	97.3
Don't Know/Refused	0	0.0
	146	100.0

9. Since (child) began receiving mental health services, have their encounters with the police...

	Frequency	Percent
Been reduced	11	7.5
Stayed the same	7	4.8
Increased	8	5.5
N/A (had no police encounters this year or last year)	119	81.5
Don't Know/Refused	1	0.7
Total	146	100.0

(Skip Q10 through Q12 if child is too young for school)

10. Was (child) expelled or suspended during the past 12 months?

	Frequency	Percent
Yes	84	18.7
No	362	80.6
Don't Know/Refused	3	0.6
Total	449	100.0

11. Was (child) expelled or suspended during the 12 months prior to that?

	Frequency	Percent
Yes	74	16.5
No	366	81.5
Don't Know/Refused	9	2.0
Total	449	100.0

12. Over the past year, is the number of days (child) was in school:

	Frequency	Percent
Greater	117	26.1
About the same	210	46.8
Less	42	9.4
Does not apply	80	17.8
Don't Know/Refused	0	0.0
Total	449	100.0
Does not apply category	detail:	
Did not have a problem with attendance before starting services	51	63.7
Too young for school last year	4	5.0
Expelled from school	1	1.3
Home schooled	7	8.8
Other	8	10.0
Don't Know/Refused	9	11.3
Total	80	100.0

I. Satisfaction with Outpatient Mental Health Treatment Services Received by Children

Caregiver respondents indicated the degree to which they agreed or disagreed with the statement using a five-point Likert scale of "strongly agree," Caregiver respondents were asked how much they agreed or disagreed with 16 statements regarding the outpatient service his/her child received. Nearly all caregiver respondents (811 = 96.9%) reported his/her child had received some type of outpatient mental health treatment service. "agree," "neutral," "disagree," and "strongly disagree."*

					Likert S	Likert Scale Percentages*	ntages*	
Statement	*	*	* * *	Strongly				Strongly
	Z	Mean	SD	Agree	Agree	Neutral	Disagree	Disagree
Overall, I am satisfied with the services my child received.	908	1.9	6.0	38.6	47.0	8.9	4.5	3.1
I helped choose my child's services.	793	1.8	6.0	42.0	47.0	3.9	5.2	1.9
I helped choose my child's treatment goals.	793	1.8	8.0	39.8	50.1	4.0	5.0	1.0
The people helping my child stuck with us no matter what.	793	1.8	1.0	43.6	42.5	4.9	6.3	2.6
I felt my child had someone to talk to when he/she was troubled.	788	1.8	6.0	41.0	46.4	6.2	4.7	1.6
I participated in my child's treatment.	801	1.6	0.7	50.1	45.1	1.7	2.6	0.5
The services my child and/or family received were right for us.	662	1.8	6.0	40.2	45.3	7.3	5.6	1.6
The location of services was convenient for us.	\$08	1.8	6.0	43.6	43.7	5.8	5.7	1.1
Services were available at times that were convenient for us.	808	1.9	1.0	38.5	47.3	4.5	7.8	2.0
My family got the help we wanted for my child.	808	2.0	1.0	35.9	46.8	6.9	9.9	3.8
My family got as much help as we needed for my child.	<i>L6L</i>	2.1	1.1	31.6	44.7	9.5	10.7	3.5
Staff treated me with respect.	908	1.6	9.0	50.2	46.2	2.4	9.0	9.0
Staff respected my family's religious or spiritual beliefs.	733	1.6	9.0	45.0	49.8	4.6	0.4	0.1
Staff spoke with me in a way that I understood.	804	1.6	9.0	47.6	50.4	1.0	6.0	0.1
Staff were sensitive to my cultural or ethnic background.	726	1.7	9.0	40.8	53.3	5.1	9.0	0.3
I felt free to complain.	791	1.7	0.7	42.0	51.7	2.8	2.5	1.0

^{*}Not all respondents answered each statement. Likert scale percentages are calculated using the individual N. Due to rounding, rows may not sum to 100%.

^{**}Lower mean scores indicate higher satisfaction levels.

^{***}SD is an abbreviation for Standard Deviation.

J. Satisfaction with Child/Family Support Services

Caregiver respondents were asked how much they agreed or disagreed with 16 statements regarding the child/family support services his/her child Less than one-third of caregiver respondents (222 = 26.5%) reported that his/her child had received some type of child/family support service. received. Caregiver respondents indicated the degree to which they agreed or disagreed with the statement using a five-point Likert scale of "strongly agree," "agree," "neutral," "disagree," and "strongly disagree."*

					Likert S	Likert Scale Percentages*	ntages*	
Statement	*	*	* * *	Strongly				Strongly
	Z	Mean	SD	Agree	Agree	Neutral	Disagree	Disagree
Overall, I am satisfied with the services my child received.	216	1.9	6.0	33.8	53.7	4.2	6.5	1.9
I helped choose my child's services.	214	1.8	6.0	37.4	51.4	1.9	8.4	6.0
I helped choose my child's service goals.	215	1.8	8.0	37.2	54.4	2.3	5.6	0.5
The people helping my child stuck with us no matter what.	216	1.8	6.0	41.7	47.2	2.8	6.5	1.9
I felt my child had someone to talk to when he/she was troubled.	213	1.8	8.0	37.6	53.1	2.3	6.1	6.0
I participated in my child's services.	216	1.7	0.7	44.0	50.9	1.4	2.8	6.0
The services my child received were right for us.	215	1.9	6.0	34.4	54.0	2.8	7.4	1.4
The location of services was convenient for us.	215	1.8	6.0	40.5	49.3	1.9	6.7	0.5
Services were available at times that were convenient for us.	216	1.9	6.0	37.5	50.0	3.7	6.9	1.9
My family got the help we wanted for my child.	217	2.0	6.0	32.7	51.6	4.1	1.01	1.4
My family got as much help as we needed for my child.	216	2.1	1.0	28.2	50.0	7.4	12.5	1.9
Staff treated me with respect.	216	1.6	9.0	43.5	52.8	1.9	1.9	0.0
Staff respected my family's religious or spiritual beliefs.	200	1.6	9.0	41.5	54.0	4.0	0.5	0.0
Staff spoke with me in a way that I understood.	216	1.6	9.0	42.6	56.5	0.5	0.0	0.5
Staff were sensitive to my cultural or ethnic background.	199	1.6	0.5	41.2	56.3	2.5	0.0	0.0
I felt free to complain.	210	1.7	8.0	41.4	51.9	1.9	2.4	2.4
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^{*} Not all respondents answered each statement. Likert scale percentages are calculated using the individual N. Due to rounding, rows may not sum to 100%.

^{**}Lower mean scores indicate higher satisfaction levels.

^{***}SD is an abbreviation for Standard Deviation.

K. Overall Satisfaction with Mental Health Services

Overall caregiver respondent satisfaction with the mental health services received by his/her child was assessed using the same Likert scale as was used throughout the survey. Caregiver respondents were asked how much they agreed or disagreed with the statement, "Overall, I am satisfied with the mental health services my child received." Caregiver respondents indicated the degree to which they agreed or disagreed with the statement using a five-point Likert scale of "strongly agree," "agree," "neutral," "disagree," and "strongly disagree."*

					Likert !	likert Scale Perce	ntages*	
statement	*	*	* * *	Strongly				Strongly
	N	Mean	SD	Agree	Agree	Neutral	Disagree	Disagree
Overall, I am satisfied with the mental health services my child received.	835	2.0	6.0	28.4	6.95	5.1	7.1	2.5

^{*} Not all respondents answered each statement. Likert scale percentages are calculated using the individual N. Due to rounding, row may not sum to 100%.

^{**} Lower mean scores indicate higher satisfaction levels.

^{***} SD is an abbreviation for Standard Deviation.

L. Outcome Measures

the statement: "As a direct result of the mental health services my child received" and was followed by the specific outcome of services. Caregiver respondents indicated the degree to which they agreed or disagreed with the statement using a five-point Likert scale of "strongly agree," "agree," Caregiver respondents were asked how his/her child had benefited from the mental health treatment services received. Each question begins with "neutral," "disagree," and "strongly disagree."*

					Likert S	Likert Scale Percentages*	ntages*	
Statement	*	*	* * *	Strongly				Strongly
	Z	Mean	SD	Agree	Agree	Neutral	Disagree	Disagree
My child is better at handling daily life.	808	2.2	1.0	23.4	45.7	19.1	8.7	3.2
My child gets along better with family members.	787	2.2	6.0	19.7	50.7	18.4	9.5	1.7
My child gets along better with friends and other people.	795	2.2	6.0	19.4	53.5	17.6	8.2	1.4
My child is doing better in school and/or work.	962	2.3	1.0	24.2	44.2	16.2	12.4	2.5
My child is better able to cope when things go wrong.	815	2.4	1.0	16.9	44.3	20.6	15.1	3.1
I am satisfied with our family life right now.	827	2.2	1.0	23.2	53.3	11.0	10.2	2.3
My child is better able to do things he or she wants to do.	815	2.2	6.0	19.4	55.3	14.4	9.1	1.8
My child is better able to control his or her behavior.	608	2.5	1.1	14.6	45.7	19.3	15.8	4.6
My child is less bothered by his or her symptoms.	982	2.4	1.0	13.5	9.05	18.2	15.1	2.5
My child has improved social skills.	787	2.3	6.0	19.1	52.0	15.6	11.9	1.4
As a direct result of all the mental health services my child and family received:	receive	.pc						
(Please answer for relationships with persons other than your mental health providers.)	alth pr	rovide	rs.)					
I know people who will listen and understand me when I need to talk.	818	1.9	8.0	32.3	56.4	5.9	3.8	1.1
I have people that I am comfortable talking with about my child's problems.	824	1.8	8.0	36.2	55.2	3.8	4.1	0.7
In a crisis, I would have the support I need from family or friends.	827	1.8	8.0	38.0	52.2	4.8	3.5	1.5
I have people with whom I can do enjoyable things.	831	1.8	0.7	35.9	57.3	3.4	2.8	0.7
4 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1			1		7.	,	10001	

^{*} Not all respondents answered each statement. Likert scale percentages are calculated using the individual N. Due to rounding, rows may not sum to 100%.

^{**} Lower mean scores indicate more positive outcomes.

^{***} SD is an abbreviation for Standard Deviation.

M. Additional Statistical Analyses

Statistical analysis of survey results was conducted to determine if survey responses differ across demographic categories of respondents. The level of significance indicates the likelihood that observed differences between populations reflect actual differences in opinion, rather than chance. For this report, a significance level of (p<.05) is considered statistically significant, which indicates that there is a less than 5% chance that observed differences are based on chance. Please note that the presence of a statistically significant relationship between survey measures does not necessarily imply causation.

The following differences are statistically significant.

Use of Mental Health Services

Caregivers over age 40 are more likely than those under the age of 40 to report that:

- The child received psychiatric family support services (33.7% to 19.9%).
- The child spent a night in a hospital, emergency room or crisis bed (6.9% vs. 3.7%).
- The child participated in a mental health support group (29.2% vs. 21.9%).
- They participated in a support group for parents (22.9% vs. 13.5%).
- The child was on medication for emotional or behavioral problems (53.0% vs. 44.5%).

Caregivers of White/Caucasian children are more likely than caregivers of other children to report that:

• The child was on medication for emotional or behavioral problems (55.0% vs. 44.4%).

Caregivers of Black/African-American children are more likely than caregivers of other children to report that:

• The child received psychiatric family support services (30.1% vs. 23.1%).

Caregivers of Spanish/Latino children are more likely than caregivers of other children to report that:

• They participated in a support group for parents (25.4% vs. 17.4%).

Caregivers of male children are more likely than caregivers of female children to report that:

- The child received psychiatric family support services (28.8% vs. 22.7%).
- The child was on medication for emotional or behavioral problems (56.3% vs. 37.4%).

Caregivers of children ages 10 and older are more likely than children age 9 and under to report that:

- The child received psychiatric family support services (30.3% vs. 21.4%).
- The child spent a night in a hospital, emergency room or crisis bed (6.6% vs. 3.7%).
- The child participated in a mental health support group (27.8% vs. 20.6%).
- The child was on medication for emotional or behavioral problems (52.3% vs. 45.1%).

Caregivers of children ages 10 and older are more likely than children age 9 and under to report that (continued):

- The child's siblings were receiving mental health services (29.3% vs. 24.7%).
- The child attempted to get or was referred for substance abuse services (2.5% vs. 0.3%).

Physical Health Care

There are no statistically significant differences in whether the child has a primary health care provider by caregiver gender, age, race, ethnicity, or relationship to child.

Caregivers of male children are more likely than caregivers of female children to report that:

• The child's primary health care and mental health providers communicated with each other (47.7% vs. 37.2%).

Caregivers of White/Caucasian children are more likely than caregivers of other children to report that:

• The child had a primary care visit in the past year (95.0% vs. 87.5%).

V. SUMMARY

Statewide telephone surveys were administered to assess consumers' perceptions of services received through Maryland's Public Mental Health System. These surveys represent the thirteenth systematic, statewide assessment of consumer perception of care since 1997. Data collection, data analysis, and documentation of the survey findings were subcontracted through Fact Finders on behalf of ValueOptions[®], Inc. and the Maryland Mental Hygiene Administration.

The potential survey population consisted of PMHS consumers for whom claims were received for outpatient services rendered between January and December 2012. The sample was stratified by age and county of residence. Individuals were then randomly selected from among these groups. Service types for adults included outpatient mental health services or psychiatric rehabilitation services. Service types for children and adolescents included outpatient mental health services or family support services (i.e., psychiatric rehabilitation, mobile treatment, case management, and/or respite services). Individuals (16 years of age or older at the time of service) responded to the adult survey on their own behalf, while parents or caregivers responded to the child survey on behalf of children and adolescents under the age of 16.

Of the 20,000 consumers selected for the adult sample, 3,176 were successfully contacted to request participation in the survey; 1,036 completed the survey for a response rate of 32.6%. Of the 8,000 child/caregiver consumers selected for the sample, 2,043 were successfully contacted to request participation in the survey; 837 completed the survey for a response rate of 40.9%.

Both adults and caregivers were satisfied overall with the mental health services they or their children received: 84.3% of adults and 85.3% of caregivers of children agreed or strongly agreed that, "Overall I am satisfied with the mental health services I (my child) received." Regarding satisfaction with specific aspects of outpatient mental health treatment services, over 77.0% of adults responded positively for 21 of the 23 survey items (range 68.4% to 96.3%). Regarding satisfaction with specific aspects of psychiatric rehabilitation services, over 82.0% of adults responded positively for 19 of the 21 survey items (range of 80.9% to 96.0%). Regarding satisfaction with specific aspects of outpatient mental health treatment services for children, over 82.0% of caregivers responded positively for 15 of the 16 survey items (range of 76.3% to 98.0%). Regarding satisfaction with specific aspects of family support services for children, over 84.0% of caregivers responded positively for 15 of the 16 survey items (range of 78.2% to 99.1%).

Responses to the 16 adult survey items that assess outcomes of care ranged from 55.3% to 77.7% agreement. Responses to the 10 caregiver survey items that assess outcomes of care for children ranged from 60.3% to 76.5% agreement. Over 88.0% of caregivers responded positively to each of the four outcomes items assessing "social connectedness" of the caregivers themselves.

It is hoped that these survey findings will be used to identify opportunities for improvement in the PMHS.

VI. APPENDICES

APPENDIX A:

INSTITUTIONAL REVIEW BOARD APPROVAL LETTERS

APPENDIX B:

NOTIFICATION LETTER ADULT

APPENDIX C:

NOTIFICATION LETTER CHILD/CAREGIVER

APPENDIX D:

SURVEY INSTRUMENT ADULT

APPENDIX E:

SURVEY INSTRUMENT CHILD/CAREGIVER

APPENDIX F:

DEFINITIONS AND TERMINOLOGY

Appendix A



STATE OF MARYLAND

DHMH

Maryland Department of Health and Mental Hygiene INSTITUTIONAL REVIEW BOARD

201 W. Preston Street • Baltimore Maryland 21201 Patricia M. Alt, Ph.D., Chairperson

May 17, 2012

Jarrell W. Pipkin JD, LPC Director, Quality Management ValueOptions of Maryland 1099 Winterson Rd., Suite 200 Linthicum, MD 21060

REF: Protocol # 98-13

Dear Mr. Pipkin:

The Maryland Department of Health and Mental Hygiene's Institutional Review Board (IRB) conducted a review of your protocol entitled "Consumer Perception of Care Survey with Maryland's Public Mental Health System" for continuous approval. The IRB meeting was held on May 17, 2012. Your protocol has been approved. This approval will expire on **June 15**, **2013.** Please refer to the above referenced protocol number in any future modifications or correspondence pertaining to the above named study.

Please be reminded that all of the requirements of the original approval letter remain in effect. Thank you for your continued responsiveness to the IRB requirements and we wish you continued success in your efforts.

If you have any questions, please call the IRB Administrator, Ms. Gay Hutchen. She can be reached at (410) 767-8448.

Sincerely,

Patricia M. Alt, PhD

Chairperson

Institutional Review Board

cc:

IRB Members Gay Hutchen

410-767-8448 [] Fax 410-333-7888
Toll Free 1-877-4MD-DHMH [] TYY for Disabled - Maryland Relay Service 1-800-735-2258
Web Site: www.dhmh.state.md.us/oig/irb

201 W. Preston Street • Baltimore Maryland 21201
Patricia M. Alt, Ph.D., Chairperson

February 7, 2013

REF: Protocol #98-13

Jarrell W. Pipkin, JD, LPC ValueOptions Maryland 1099 Winterson Road, Ste 200 Linthicum, MD 21090

Dear Mr. Pipkin:

Your request to modify (modified questionaire) your protocol entitled "Consumer Perception of Care Survey with Marland's Public Mental Health System" has been received and reviewed through an expedited process. Your modification(s) has been approved. Please be reminded that all of the requirements of the original approval letter remain in effect.

Thank you for your continued responsiveness to the IRB requirements and we wish you continued success in your efforts. Please refer to the above referenced protocol number in any future modifications or correspondence pertaining to the above named study. If you have any questions, please feel free to contact Gay Hutchen, IRB Administrator at (410) 767-8448.

Sincerely,

Patricia M. Alt, PhD

Chairperson

Institutional Review Board

cc: IRB Members Gay Hutchen

410-767-8448 Fax 410-333-7194
Toll Free 1-877-4MD-DHMH TYY for Disabled - Maryland Relay Service 1-800-735-2258
Web Site: www.dhmh.state.md.us/oig/irb

Appendix B



Martin O'Malley, Governor – Anthony G. Brown, Lt. Governor – Joshua M. Sharfstein, M.D., Secretary Brian M. Hepburn, M.D., Executive Director

February 2013

Dear Consumer:

The Maryland Mental Hygiene Administration (MHA) wants to know about your experiences with the public mental health services you have received. We have been asked to obtain information from a group of people regarding (1) their current health and (2) how they feel about their mental health services. MHA has asked ValueOptions[®] Maryland along with Fact Finders to do this telephone survey. We will use the information to make services better.

If you feel this has been sent to you by mistake, please disregard and discard this letter.

Please note that:

- You may decide not to take part in this survey. The decision is yours.
- Your answers will be kept private.
- There is no risk to you in taking part in this survey.
- Your current mental health services will not change in any way as a result of this survey.
- You may decide not to answer any question that you wish.
- You may stop the survey at any time.

Please see the back of this letter for frequently asked questions, including instructions on how to schedule an interview.

If you have any questions about the survey itself, please call Jarrell Pipkin, Director of Quality Management, ValueOptions[®] Maryland, at 410-691-4012. If you have any questions about your rights as a research participant, please call Gay Hutchen, Administrator of the Institutional Review Board, 201 W. Preston Street, Baltimore, MD 21201 at 410-767-8448. If you have other questions regarding the mental health services you receive, please call ValueOptions[®] Maryland at 1-800-888-1965.

Thank you for your help.

Sincerely,

Brian Hepburn, MD Executive Director

Mental Hygiene Administration

Toll Free 1-877-4MD-DHMH • TTY for Disabled - Maryland Relay Service 1-800-735-2258 Web Site: www.dhmh.state.md.us

FREQUENTLY ASKED QUESTIONS

Question 1: What can I do if I want to take part in this survey?

- You can call the Fact Finders line at 1-800-895-3228 between 8:30 a.m. and 9:00 p.m., Monday through Friday, and schedule a time that is convenient for you to complete the phone interview.
- If you decide you would like to take part in the survey and leave a message before 8:30 a.m. or after 9:00 p.m., Monday through Friday, a representative from Fact Finders, on behalf of ValueOptions[®] Maryland, will call you to schedule a time that is convenient for you to complete the phone interview.
- Or, you do not have to do anything and we will call you.

Question 2: What if I do *not* want to participate in the survey?

- Please call Fact Finders at 1-800-895-3228 to request that your name be removed from the survey list.
- You may speak directly to a representative between the hours of 8:30 a.m. and 9:00 p.m., Monday through Friday, or you may leave a message.
- If you leave a message to say you do not want to take part in the survey, no one will call you back.

Question 3: How long will the survey take?

• The survey will take between 10-20 minutes.

Question 4: When will the survey begin?

• We will begin the survey in the next few weeks.

Appendix C



Martin O'Malley, Governor – Anthony G. Brown, Lt. Governor – Joshua M. Sharfstein, M.D., Secretary Brian M. Hepburn, M.D., Executive Director

February 2013

Dear Parent/Guardian:

The Maryland Mental Hygiene Administration (MHA) wants to know about your experiences with the public mental health services your child has received. We have been asked to obtain information from a group of people regarding (1) their child's current health and (2) how they feel about their child's mental health services. MHA has asked ValueOptions® Maryland along with Fact Finders to do this telephone survey. We will use the information to make services better.

If you feel this has been sent to you by mistake, please disregard and discard this letter.

Please note that:

- You may decide not to take part in this survey. The decision is yours.
- Your answers will be kept private.
- There is no risk to you in taking part in this survey.
- Your child's current mental health services will not change in any way as a result of this survey.
- You may decide not to answer any question that you wish.
- You may stop the survey at any time.

Please see the back of this letter for frequently asked questions, including instructions on how to schedule an interview.

If you have any questions about the survey itself, please call Jarrell Pipkin, Director of Quality Management, ValueOptions[®] Maryland, at 410-691-4012. If you have any questions about your rights as a research participant, please call Gay Hutchen, Administrator of the Institutional Review Board, 201 W. Preston Street, Baltimore, MD 21201 at 410-767-8448. If you have other questions regarding the mental health services your child receives, please call ValueOptions[®] Maryland at 1-800-888-1965.

Thank you for your help.

Sincerely,

Brian Hepburn, MD Executive Director

Mental Hygiene Administration

Toll Free 1-877-4MD-DHMH • TTY for Disabled - Maryland Relay Service 1-800-735-2258 Web Site: www.dhmh.state.md.us

FREQUENTLY ASKED QUESTIONS

Question 1: What can I do if I want to take part in this survey?

- You can call the Fact Finders line at 1-800-895-3228 between 8:30 a.m. and 9:00 p.m., Monday through Friday, and schedule a time that is convenient for you to complete the phone interview.
- If you decide you would like to take part in the survey and leave a message before 8:30 a.m. or after 9:00 p.m., Monday through Friday, a representative from Fact Finders, on behalf of ValueOptions[®] Maryland, will call you to schedule a time that is convenient for you to complete the phone interview.
- Or, you do not have to do anything and we will call you.

Question 2: What if I do *not* want to participate in the survey?

- Please call Fact Finders at 1-800-895-3228 to request that your child's name be removed from the survey list.
- You may speak directly to a representative between the hours of 8:30 a.m. and 9:00 p.m., Monday through Friday, or you may leave a message.
- If you leave a message to say you do not want to take part in the survey, no one will call you back.

Question 3: How long will the survey take?

• The survey will take between 10-20 minutes.

Question 4: When will the survey begin?

• We will begin the survey in the next few weeks.

Appendix D

INTRODUCTION

Hello. My name is (Read name) and we're doing a brief consumer satisfaction survey for your health plan. May I please speak to {consumer's name}?

(Confirmation when respondent comes to the phone. . .) Am I speaking to {consumer's name}?

(If not available)

When would be the best time to call back to speak with him/her? (Record callback appointment.)

We're conducting this survey for ValueOptions[®] Maryland along with the Maryland Mental Hygiene Administration or MHA. Our company, Fact Finders, is an independent health care research company. The survey asks about your experiences with the Maryland Public Mental Health System. The information you give us will be used to improve the quality of care provided by the Maryland Public Mental Health System. Your participation is important because we need to include the opinions of as many people as possible. Your responses are anonymous. Your name will be kept separate from your responses.

"How did you get my name?"

The Maryland Mental Hygiene Administration (MHA) asked ValueOptions® to do this survey. The Maryland Mental Hygiene Administration sent you a letter to notify you about this survey. Maryland MHA is conducting the survey in order to evaluate how well the Maryland's Public Mental Health System is operating.

"Do I have to participate in this survey? / Is the survey required?"

Participation in this survey is completely voluntary. You may decide not to take part in this survey, not to answer any question you wish, and you may choose to stop this survey at any time. Your answers will be kept private. Your name will be kept separate from your responses. There is no risk to you in taking part in this survey. Your current mental health services will not change in any way as a result of your participation.

"How do I know this is real? / Who can I talk to?"

If you have any questions about your rights as a research participant, please call Gay Hutchen at the Institutional Review Board. I can give you her telephone number and address at any point during the survey.

[Gay Hutchen, 201 W. Preston Street, 3rd Floor, Baltimore, MD 21201, (410) 767-8448]

If you have any questions about your mental health services, please call ValueOptions[®]. I can give you the telephone number at any point during the survey.

[ValueOptions® Maryland (800) 888-1965]

(Note: While the question order of some of the questions has changed between 2011 and 2013, the original (2011) question numbering has been maintained).

First, thinking about the kinds of mental health services that you may have received.

- 12. In the past 12 months, have you been to an outpatient mental health program or provider, psychiatrist or therapist?
 - A. Yes [Ask Q14]
 - B. No [Skip to Q15]
 - C. Don't know [Skip to Q15]
 - D. Refused [Skip to Q15]

[Note: All of the <1 year />1 year skips will be based on this question (outpatient services length) and not the length of time for any of the other services.]

- 14. How long have you received these mental health services?
 - A. Less than 1 year
 - B. 1 year or more
- 15. In the past 12 months, have you received psychiatric rehabilitation services such as day program or PRP services?
 - A. Yes [Ask Q17]
 - B. No [If Q12 is "Yes," skip to Q18. If Q12 is "No/Don't Know/Refused," then terminate disposition = no services]
 - C. Don't know [If Q12 is "Yes," skip to Q18. If Q12 is "No/Don't Know/Refused," then terminate disposition = no services]
 - D. Refused [If Q12 is "Yes," skip to Q18. If Q12 is "No/Don't Know/Refused," then terminate disposition = no services]
 - 17. How long have you received psychiatric rehabilitation services?
 - A. Less than 1 year
 - B. 1 year or more
- 18. In the past 12 months, have you received residential rehabilitation or RRP services?
 - A. Yes
 - B. No
 - C. Don't know
 - D. Refused
- 19. In the past 12 months, have you seen any other medical professional for a mental or emotional problem or a problem with your nerves?
 - A. Yes
 - B. No
 - C. Don't know
 - D. Refused

20.		past 12 months, have you spent at least one night in a hospital, emergency is bed because of a mental or emotional problem or a problem with your
nerves		y and produced the produced of
	A.	Yes
	B.	No
	C.	Don't know
	D.	Refused
21.	In the	past 12 months, have you participated in a mental health self-help group?

- 21. In the past 12 months, have you participated in a mental health self-help group? (If respondent asks, clarify such as On Our Own, depression support group, family support group.)
 - A. Yes
 - B. No
 - C. Don't know
 - D. Refused

Now, I would like to ask you about the kinds of services that you have received for a substance abuse problem, such as an alcohol or drug use problem.

- 22. In the past 12 months, did you attempt to get or were you referred for substance abuse services?
 - A. Yes
 - B. No [Skip to Q25]
 - C. Don't know [Skip to Q25]
 - D. Refused [Skip to Q25]
 - 23. Were you able to receive substance abuse services?
 - A. Yes
 - B. No [Skip to Q25]
 - C. Don't know [Skip to Q25]
 - D. Refused [Skip to Q25]
 - 24. Were you satisfied with your substance abuse services?
 - A. Yes
 - B. No
 - C. Don't know
 - D. Refused
- 25. In the past 12 months, have you spent at least one night in a hospital, emergency room, or crisis bed because of a substance abuse problem?
 - A. Yes
 - B. No
 - C. Don't know
 - D. Refused

Thinking about your physical health care,

26.	A.	u have a primary health care provider? Yes
	В.	No [Skip to Q28]
	C.	L 1 2 3
	D.	Refused [Skip to Q28]
	27. menta	To your knowledge, have your primary health care provider and your all health provider spoken with each other about your health or mental health?
		A. Yes
		B. No
		C. Don't know
		D. Refused
28.		past 12 months, did you see a medical professional for a health check-up or
becau	-	were sick?
	A. B.	Yes
	Б. С.	No Don't know
	D.	
	D.	Refused
29.		past 12 months, have you spent at least one night in a hospital because of a
physic		ess or health problem?
	A.	Yes
	B.	No Don't Imour
	C.	
	D.	Refused
_	_	-Q32, if responded A on Q14; i.e. outpatient services <1year.] out your legal history,
1 IIIIIF	ang and	out your regar mistory,
30.	Were A.	you arrested since you began to receive mental health services? Yes
	В.	No
	C.	Don't know
	D.	Refused
31.	Were	you arrested during the 12 months prior to that?
	A.	Yes
	B.	No
	C.	Don't know
	D.	Refused
32.		you began to receive mental health services, have your encounters with the

- A. Been reduced, for example, you have not been arrested, hassled by police, or taken by police to a shelter or crisis program
- B. Stayed the same
- C. Increased
- D. Not applicable, you had no police encounters this year or last year

[Answer Q33-Q35, if responded B on either Q14; i.e. outpatient services > 1 year.] Thinking about your legal history,

- 33. Were you arrested during the past 12 months?
 - A. Yes
 - B. No
 - C. Don't know
 - D. Refused
- 34. Were you arrested during the 12 months prior to that?
 - A. Yes
 - B. No
 - C. Don't know
 - D. Refused
- 35. Over the last year, have your encounters with the police ...
 - A. Been reduced, for example, you have not been arrested, hassled by police, taken by police to a shelter or crisis program
 - B. Stayed the same
 - C. Increased
 - D. Not applicable, you had no police encounters this year or last year

 $(Ask\ O36 - O58\ if\ O12 = yes,\ received\ outpatient\ services)$

Now, I am going to read a series of statements. Please answer thinking only about the outpatient mental health treatment services you received. If the statement does not apply to your circumstances, please tell me. For each of these statements, do you strongly agree, agree, are neutral, disagree, or strongly disagree.

agree, are neartial, alsagree, or strong								
		RE	AD CHO	ICES		[These are Not Read]		
	STRON	AGRE	NEUTR	DISAG	STRONG	DON'T	REFUS	DOES
	GLY	E	AL	REE	LY	KNOW	ED	NOT
	AGREE				DISAGR			APPLY
					EE			
36. I like the services that I								
received.								
37. If I had other choices, I would								
still get services from this provider.								
38. I would recommend this								
provider to a friend or a family								
member.								
39. The location of services was								
convenient.								
40. Staff were willing to see me as								
often as I felt it was necessary.								

		RE	AD CHO	ICES				
	STRON GLY AGREE	AGRE E	NEUTR AL	DISAG REE	STRONG LY DISAGR EE	DON'T KNOW	REFUS ED	DOES NOT APPLY
41. Staff returned my calls in 24					EE			
hours.								
42. Services were available at								
times that were good for me.								
43. I was able to get all the								
services I thought I needed.								
44. I was able to see a psychiatrist								
when I wanted to.								
45. Staff here believe that I can								
grow, change, and recover.								
46. I felt comfortable asking								
questions about my treatment and								
medication.								
47. I felt free to complain.								
48. I was given information about								
my rights.								
49. Staff encouraged me to take								
responsibility for how I live my life.								
50. Staff told me what side effects								
to watch out for.								
51. Staff respected my wishes								
about who is and is not to be given								
information about my treatment.								
52. I, not staff, decided my								
treatment goals.								
53. Staff helped me obtain the								
information I needed so that I could								
take charge of managing my illness.								
54. I was encouraged to use								
consumer-run programs, such as								
support groups, drop-in centers, crisis								
phone line.								
55. Staff were sensitive to my								
cultural or ethnic background.								
56. Staff respected my family's								
religious or spiritual beliefs.								
57. Staff treated me with respect.								
58. Staff spoke with me in a way								
that I understood.								

 $(Ask\ Q59 - Q79\ if\ Q15 = yes\ (received\ psychiatric\ rehabilitation\ services)$

(If asked Q36 - Q58, i.e., if received outpatient services:) Now I am going to read you the same series of statements again.

(If did not ask Q36 – Q58, i.e., no outpatient services:) Now I am going to read a series of statements.

Please answer thinking only about the psychiatric rehabilitation services (PRP) you received. If the statement does not apply to your circumstances, please tell me. For each of these statements, do you strongly agree, agree, are neutral, disagree, or strongly disagree.

		RE	EAD CHO	ICES		[The	ese are Not I	Read]
	STRON GLY AGREE	AGRE E	NEUTR AL	DISAG REE	STRONG LY DISAGR EE	DON'T KNOW	REFUS ED	DOES NOT APPLY
59. I like the services I received.								
60. If I had other choices, I would								
still get services from this provider.								
61. I would recommend this								
provider to a friend or a family								
member.								
62. The location of services was								
convenient.								
63. Staff were willing to see me as								
often as I felt it was necessary.								
64. Staff returned my calls in 24								
hours.								
65. Services were available at								
times that were good for me.								
66. I was able to get all the								
services I thought I needed.								
67. Staff here believe that I can								
grow, change, and recover.								
68. I felt comfortable asking								
questions about my rehabilitation.								
69. I felt free to complain.								
70. I was given information about								
my rights.								
71. Staff encouraged me to take								
responsibility for how I live my life.								
72. Staff respected my wishes								
about who is and is not to be given								
information about my rehabilitation.								

		RE	EAD CHO	ICES		[The	ese are Not	Read]
	STRON GLY AGREE	AGRE E	NEUTR AL	DISAG REE	STRONG LY DISAGR EE	DON'T KNOW	REFUS ED	DOES NOT APPLY
73. I, not staff, decided my rehabilitation goals.								
74. Staff helped me obtain the information I needed so that I could take charge of managing my illness.								
75. I was encouraged to use consumer-run programs, such as support groups, drop-in centers, crisis								
76. Staff were sensitive to my cultural or ethnic background.								
77. Staff respected my family's religious or spiritual beliefs.								
 78. Staff treated me with respect. 79. Staff spoke with me in a way that I understood. 								

The next section asks how you may have benefited from the mental health services that you received. If the statement does not apply to your circumstances, please tell me. For each of these statements, do you strongly agree, agree, are neutral, disagree, or strongly disagree.

As a direct result of all the mental health services I received:

	READ CHOICES						[These are Not Read]			
	STRON GLY AGREE	AGRE E	NEUTR AL	DISAG REE	STRON GLY DISAG REE	DON'T KNOW	REFU SED	DOES NOT APPLY		
80. I deal more effectively with										
daily problems.										
81. I am better able to control my										
life.										
82. I am better able to deal with										
crisis.										
83. I am getting along better with										
my family.										
84. I do better in social situations.										
85. I do better in school and/or										
work.										
86. My housing situation has										
improved.										
87. My symptoms are not										
bothering me as much.										
88. I do things that are more										
meaningful to me.										
89. I am better able to take care of										
my needs.										
90. I am better able to handle										
things when they go wrong.										
91. I am better able to do things										
that I want to do.										

Next, thinking about your relationships with persons other than your mental health provider(s).

As a direct result of the mental health services you received:

	READ CHOICES					[These are Not Read]		
	STRON	AGRE	NEUTR	DISAG	STRONG	DON'	REFUSE	DOES
	GLY	E	AL	REE	LY	T	D	NOT
	AGREE				DISAGR EE	KNO W		APPLY
92. I am happy with the								
friendships I have.								
93. I have people with whom I can	3. I have people with whom I can							
do enjoyable things.								
94. I feel I belong in my								
community.								
95. In a crisis, I would have the								
support I need from family or friends.								

Thinking about your overall satisfaction with all the mental health services you have received, do you agree or disagree with the following statement.

	READ CHOICES				[These are Not Read]			
	STRON	AGRE	NEUTR	DISAG	STRONG	DON'	REFUSE	DOES
	GLY	E	AL	REE	LY	T	D	NOT
	AGREE				DISAGR	KNO		APPLY
					EE	W		
96. Overall, I am satisfied with the								
mental health services I received.								

[Note: We expect to receive the following demographics (Q1, 2, 5, 4) in the database; we will ask these questions only if these database fields are not available.]

1. Are you male or female?

- A. Male
- B. Female
- C. Refused

2. What is your date of birth?

- A. Click to enter date of birth
- B. Don't know
- C. Refused

5. Are you of Spanish, Hispanic, or Latino origin?

- A. Yes
- B. No
- C. Don't know
- D. Refused

4. What is your race? (Accept multiple responses)

- A. American Indian or Alaska native
- B. Asian
- C. Black or African-American
- D. Native Hawaiian or other Pacific Islander
- E. White or Caucasian
- F. **Some other race** (Specify Other)
- G. Don't know
- H. Refused

Next, a general question about you.

- 11. What is your current employment situation?
 - A. Working full-time
 - B. Working part-time
 - C. Unemployed, but looking for work
 - D. Permanently disabled, not working
 - New. Unemployed, not looking for work
 - F. **Retired**
 - G. Homemaker
 - H. Student
 - I. Volunteer
 - J. Other
 - K. Don't know
 - L. Refused

This concludes the survey. Thank you for your time and cooperation.

Appendix E

INTRODUCTION

Hello. My name is (*Read Name*) and we're doing a brief consumer satisfaction survey for your health plan. May I please speak to the parent or guardian of {child's name}?

(Confirmation when parent/guardian comes to the phone. . .)

Am I speaking to the parent or guardian of {child's name}?

(If not available)

When would be the best time to call back to speak with him/her? (Record callback appointment.)

We're conducting this survey for ValueOptions® Maryland along with the Maryland Mental Hygiene Administration or MHA. Our company, Fact Finders, is an independent health care research company. The survey asks about your and {child's name} experiences with the Maryland Public Mental Health System. The information you give us will be used to improve the quality of care provided by the Maryland Public Mental Health System. Your participation is important because we need to include the opinions of as many people as possible. Your responses are anonymous. Your name will be kept separate from your responses.

"How did you get my name?"

The Maryland Mental Hygiene Administration (MHA) asked ValueOptions® to do this survey. The Maryland Mental Hygiene Administration sent you a letter to notify you about this survey. Maryland MHA is conducting the survey in order to evaluate how well the Maryland's Public Mental Health System is operating.

"Do I have to participate in this survey? / Is the survey required?"

Participation in this survey is completely voluntary. You may decide not to take part in this survey, not to answer any question you wish, and you may choose to stop this survey at any time. Your answers will be kept private. Your name will be kept separate from your responses. There is no risk to you and/or your child in taking part in this survey. You and {child's name}'s current mental health services will not change in any way as a result of your participation.

"How do I know this is real? / Who can I talk to?"

If you have any questions about your rights as a research participant, please call Gay Hutchen at the Institutional Review Board. I can give you her telephone number and address at any point during the survey.

[Gay Hutchen, 201 W. Preston Street, 3rd Floor, Baltimore, MD 21201, (410) 767-8448.]

If you have any questions about your mental health services, please call ValueOptions[®]. I can give you the telephone number at any point during the survey.

[ValueOptions[®] Maryland (800) 888-1000].

(Note: While the question order of some of the questions has changed between 2011 and 2013, the original (2011) question numbering has been maintained).

First, thinking about the kinds of mental health services that {child's name} may have received,

- 19. In the past 12 months, has {child's name} been to an outpatient mental health program or provider, psychiatrist, or therapist?
 - A. Yes [Ask Q21]
 - B. No *[Skip to Q22]*
 - C. Don't know [Skip to Q22]
 - D. Refused [Skip to Q22]

[Note: All of the <1 year />1 year skips will be based on this question (outpatient services length) and not the length of time for any of the other services.]

- 21. How long has {child's name} received these mental health services?
 - A. Less than 1 month
 - B. 1 month through 5 months
 - C. 6 months to 1 year
 - D. 1 year or more
- 22. In the past 12 months, has {child's name} received psychiatric family support services, including psychiatric rehabilitation, respite care, after-school, in-home, mobile crisis, or case management services?
 - A. Yes [Ask Q24]
 - B. No [If Q19 = Yes, Skip to Q25; If Q19 = B, C, or D, Terminate Disposition = No Services]
 - C. Don't know [If Q19 = Yes, Skip to Q25; If Q19 = B, C, or D, Terminate Disposition = No Services]
 - D. Refused [If Q19 = Yes, Skip to Q25; If Q19 = B, C, or D, Terminate Disposition = No Services]
 - 24. How long has {child's name} received psychiatric family support services?
 - A. Less than 1 year
 - B. 1 year or more
- 25. In the past 12 months, has {child's name} seen a pediatrician or any other medical professional for an emotional or behavioral problem?
 - A. Yes
 - B. No
 - C. Don't know
 - D. Refused
- 27. In the past 12 months, has {child's name} spent at least one night in a hospital, emergency room, or crisis bed because of an emotional/behavioral problem?

	D.	Refused
28. self- l		te past 12 months, has {child's name} participated in a mental health support or oup, such as peer counseling?
	A.	Yes
	B.	No
	C.	Don't know
	D.	Refused
beha	nts or c	te past 12 months, have you participated in a support or self-help group for caregivers with children or adolescents who have emotional, mental, learning, or disorders? (If respondent asks, say) such as On Our Own, depression support ly support group, parenting group)
	A.	Yes
	B.	No
	C.	Don't know
	D.	Refused
31.	Is {c	hild's name} on medication for emotional or behavioral problems?
	A.	Yes
	B.	No [Skip to QNew1]
	C.	Don't know [Skip to QNew1]
	D.	Refused [Skip to QNew1]
	32.	Did the doctor or nurse tell you and/or {child's name} what side effects to watch for?
		A. Yes B. No
		C. Don't know
		D. Refused
New	1. Does	{child's name} have any siblings? Yes
	B. N	No [Skip to Q34]
		Oon't know [Skip to Q34]
		Refused [Skip to Q34]
	33.	Are any of {child's name}'s siblings receiving mental health services?
		A. Yes
		B. No
		C. Don't know
		D. Refused

A.

B.

C.

Yes

No

Don't know

Now, I would like to ask you about the kinds of services that {child's name} has received for a substance abuse problem, such as an alcohol or drug use problem.

- 34. In the past 12 months, did {child's name} attempt to get or was he/she referred for substance abuse services?
 - A. Yes
 - B. No [Skip to Q37]
 - C. Don't know [Skip to Q37]
 - D. Refused [Skip to Q37]
 - 35. Was {child's name} able to receive substance abuse services?
 - A. Yes
 - B. No [Skip to Q37]
 - C. Don't know [Skip to Q37]
 - D. Refused [Skip to Q37]
 - 36. Were you satisfied with {child's name}'s substance abuse services?
 - A. Yes
 - B. No
 - C. Don't know
 - D. Refused
- 37. In the past 12 months, has {child's name} spent at least one night in a hospital, emergency room, or crisis bed because of a substance abuse problem?
 - A. Yes
 - B. No
 - C. Don't know
 - D. Refused

Thinking about {child's name} physical health care,

- 38. Does {child's name} have a primary health care provider?
 - A. Yes
 - B. No [Skip to Q40]
 - C. Don't know [Skip to Q40]
 - D. Refused [Skip to Q40]
 - 39. To your knowledge, has {child's name}'s primary health care provider and {child's name}'s mental health provider spoken with each other about {child's name}'s health or mental health?
 - A. Yes
 - B. No
 - C. Don't know
 - D. Refused

- 40. In the past 12 months, did {child's name} see a pediatrician, other medical doctor, or nurse for a health check-up or because he/she was sick?
 - A. Yes
 - B. No
 - C. Don't know
 - D. Refused
- 41. In the past 12 months, has {child's name} spent at least one night in a hospital because of a physical illness or health problem?
 - A. Yes
 - B. No
 - C. Don't know
 - D. Refused

Education/Legal Section For Outpatient Services < 1 year.

[Ask Q15, Q18, Q46, Q47, Q48, Q43, Q44, Q45 if responded A,B,C on Q21, i.e. outpatient services < 1 year.] Now, thinking about {child's name}'s school, 15 Is {child's name} currently going to school? A. Yes B. No C. Don't know Refused D 18 Has {child's name} ever repeated a grade? A. Yes No В C. Don't know D Refused 46. Was {child's name} expelled or suspended since beginning services? Yes A. No В. C. Don't know D. Refused 47. Was {child's name} expelled or suspended during the 12 months prior to that? A. Yes B. No C. Don't know D. Refused 48. Since starting to receive services, is the number of days {child's name} was in school A. Greater B. About the same C. Less D. Does not apply Please select why this does not apply {child's name} did not have a problem with attendance before starting 1. services. 2. {child's name} is too young to be in school. 3. {child's name} was expelled from school. {child's name} is home schooled. 4. {child's name} dropped out of school. 5.

Thinking about {child's name}'s legal history,

6.

43. Was {child's name} arrested since beginning to receive mental health services?

Some other reason (Specify other)

- A. Yes
- B. No
- C. Don't know
- D. Refused
- 44. Was {child's name} arrested during the 12 months prior to that?
 - A. Yes
 - B. No
 - C. Don't know
 - D. Refused
- 45. Since {child's name} began to receive mental health services, have their encounters with the police...
 - A. Been reduced, for example, they have not been arrested, hassled by police, taken by police to a shelter or crisis program
 - B. Stayed the same
 - C. Increased
 - D. Not applicable, they had no police encounters this year or last year

Education/Legal Section For Outpatient Services >1 year.

> 1 y	ear.]	18,Q52,Q53,Q54,Q49,Q50,Q51 if responded A,B,C on Q21, i.e. outpatient services ing about {child's name}'s school,
15.	Is {c	child's name} currently going to school?
	Α.	Yes
	B.	No
	C.	Don't know
	D.	Refused
18.	Has	{child's name} ever repeated a grade?
	A.	Yes
	B.	No
	C.	Don't know
	D.	Refused
52.	Was	{child's name} expelled or suspended during the past 12 months?
	A.	Yes
	В.	No
	C.	Don't know
	D.	Refused
53.	Was	{child's name} expelled or suspended during the 12 months prior to that?
	A.	Yes
	B.	No
	C.	Don't know
	D.	Refused
54.	Ove	r the past year, is the number of days {child's name} was in school
	A.	Greater
	В.	About the same
	C.	Less
	D.	Does not apply
		Please select why this does not apply
		1. {child's name} did not have a problem with attendance before starting services.
		2. {child's name} is too young to be in school.
		3. {child's name} was expelled from school.
		4. {child's name} is home schooled.
		5. {child's name} dropped out of school.
		6. Some other reason (Specify other)
		. ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~

Thinking about {child's name}'s legal history,

49. Was {child's name} arrested during the past 12 months?

- A. Yes
- B. No
- C. Don't know
- D. Refused
- 50. Was {child's name} arrested during the 12 months prior to that?
 - A. Yes
 - B. No
 - C. Don't know
 - D. Refused
- 51. Since {child's name} began to receive mental health services, have their encounters with the police...
 - A. Been reduced, for example, they have not been arrested, hassled by police, taken by police to a shelter or crisis program
 - B. Stayed the same
 - C. Increased
 - D. Not applicable, they had no police encounters this year or last year

(Ask Q55 - Q70 if Q19 = Yes, received outpatient services)

Now, I am going to read a series of statements. Please answer thinking only about the outpatient mental health treatment services {child's name} received. If the statement does not apply to your circumstances, please tell me. For each of these statements, do you strongly agree, agree, are neutral, disagree, or strongly disagree.

	Read Choices					[These are Not Read]		
	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	Don't Know	Refused	Does not Apply
55. Overall, I am satisfied with the								
services my child received.								
56. I helped choose my child's								
services.								
57. I helped choose my child's								
treatment goals.								
58. The people helping my child								
stuck with us no matter what.								
59. I felt my child had someone to								
talk to when he/she was troubled.								
60. I participated in my child's								
treatment.								
61. The services my child and/or								
family received were right for us.								
62. The location of services was								
convenient for us.								
63. Services were available at								
times that were convenient for us.								
64. My family got the help we								
wanted for my child.								
65. My family got as much help as								
we needed for my child.								
66. Staff treated me with respect.								
67. Staff respected my family's								
religious or spiritual beliefs.								
68. Staff spoke with me in a way								
that I understood.								
69. Staff were sensitive to my								
cultural or ethnic background								
70. I felt free to complain.								

 $(Ask\ Q71 - Q86\ if\ Q22 = Yes\ (received\ family\ support\ services)$

(If asked Q71-Q86, i.e., received outpatient services:) Now I am going to read you the same series of statements again.

(If did not ask Q71-Q86, i.e., no outpatient services:) Now I am going to read a series of statements.

Please answer thinking about the family support services {child's name} and your family received. If the statement does not apply to your circumstances, please tell me. For each of these statements, do you strongly agree, agree, are neutral, disagree, or strongly disagree.

	Read Choices					[These are Not Read]		
	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	Don't Know	Refused	Does not Apply
71. Overall, I am satisfied with the	8				g			FF
services my child received.								
72. I helped choose my child's								
services.								
73. I helped choose my child's								
service goals.								
74. The people helping my child								
stuck with us no matter what.								
75. I felt my child had someone to								
talk to when he/she was troubled.								
76. I participated in my child's								
services.								
77. The services my child received								
were right for us.								
78. The location of services was								
convenient for us.								
79. Services were available at								
times that were convenient for us.								
80. My family got the help we								
wanted for my child.								
81. My family got as much help as								
we needed for my child.								
82. Staff treated me with respect.								
83. Staff respected my family's								
religious or spiritual beliefs.								
84. Staff spoke with me in a way								
that I understood.								
85. Staff were sensitive to my								
cultural or ethnic background								
86. I felt free to complain.								

The next section asks how you and {child's name} may have benefited from the mental health services that {child's name} received. If the statement does not apply to your circumstances, please tell me. For each of these statements, do you strongly agree, agree, are neutral, disagree, or strongly disagree.

As a direct result of all the mental health services my child and family received:

		l	Read Cho	ices		[These are Not Read]		
	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	Don't Know	Refused	Does not Apply
87. My child is better at handling								
daily life.								
88. My child gets along better with								
family members.								
89. My child gets along better with								
friends and other people.								
90. My child is doing better in								
school and/or work.								
91. My child is better able to cope								
when things go wrong.								
92. I am satisfied with our family								
life right now.								
93. My child is better able to do								
things he or she wants to do.								
94. My child is better able to								
control his or her behavior.								
95. My child is less bothered by his								
or her symptoms.								
96. My child has improved social								
skills.								

Next, thinking about your relationships with persons other than your mental health provider(s), as a direct result of the mental health services my child and family received:

	Read Choices				[These are Not Read]			
	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	Don't Know	Refused	Does not
97. I know people who will listen	Agree				Disagree	Know		Apply
and understand me when I need to								
talk.								
98. I have people that I am								
comfortable talking with about my								
child's problems.								
99. In a crisis, I would have the								
support I need from family or friends.								
100. I have people with whom I can								
do enjoyable things.								

Thinking about your overall satisfaction with all the mental health services {child's name} has received, do you agree or disagree with the following statement.

	Read Choices				[These are Not Read]			
	Strongly	Agree	Neutral	Disagree	Strongly	Don't	Refused	Does not
	Agree				Disagree	Know		Apply
101. Overall, I am satisfied with the								
mental health services my child								
received.								

Next, a few general questions about you.

1.	Are you	male or	female?	(Caregiver)

- A. Male
- B. Female
- C. Refused

2. What is your date of birth? (Caregiver)

- A. Click to enter date of birth
- B. Don't know
- C. Refused

5. **Are you of Spanish, Hispanic, or Latino origin?** (Caregiver)

- A. Yes
- B. No
- C. Don't know
- D. Refused
- 4. What is your race? (Caregiver) (Accept multiple responses)

- A. American Indian or Alaska Native
- B Asian
- C. Black or African-American
- D. Native Hawaiian or other Pacific Islander
- E. White or Caucasian
- F. **Some other race** (Specify other)
- G. Don't know
- H. Refused

[Note: We expect to receive the following demographics (Q7, 8, 10, 11) in the database; we will ask these questions only if these database fields are not available.]

- 7. Is {child's name} male or female?
 - A. Male
 - B. Female
 - C. Refused
- 8. What is the date of birth of {child's name}?
 - A. Click to enter birth date
 - B. Don't know
 - C. Refused
- 11. Is {child's name} of Spanish, Hispanic, or Latino origin?
 - A. Yes
 - B No.
 - C. Don't know
 - D. Refused
- 10. What is {child's name}'s race? (Accept multiple responses)
 - A. American Indian or Alaska Native
 - B. Asian
 - C. Black or African-American
 - D. Native Hawaiian or other Pacific Islander
 - E. White or Caucasian
 - F. **Some other race** (Specify other)
 - G. Don't know
 - H. Refused

This concludes the survey. Thank you for your time and cooperation.

Appendix F

The following terminology and definitions are in relation to this document only.

CATI (Computer Assisted Telephone Interviewing)

Computer software that manages sample maintenance and survey scripts and allows entry of survey responses directly to computer.

Mean

Commonly called "the average," the mean is calculated by dividing the sum of a set of numerical values by the number of values in the set.

"N"

The number of participants who responded to a question.

Open Ended Question

Designed to elicit spontaneous and unguided responses.

Standard Deviation

A measure of the variability (dispersion or spread) of a set of numerical values about their mean (average). A lower standard deviation indicates less variability.

Stratified

Population separated into different subgroups for sampling or analysis.

Survey Population

The group of people targeted to participate in the study.



Martin O'Malley, Governor

Anthony G. Brown, Lt. Governor

Joshua M. Sharfstein, M.D., Secretary, Department of Health and Mental Hygiene

Gayle Jordan-Randolph, M.D., Deputy Secretary, Behavioral Health and Disabilities

Brian Hepburn, M.D., Executive Director, Mental Hygiene Administration

Contact Information

Mental Hygiene Administration Spring Grove Hospital Center Dix Building - Public Relations 55 Wade Avenue Catonsville, Maryland 21228 410-402-8300

www.dhmh.state.md.us/mha

The services and facilities of the Maryland Department of Health and Mental Hygiene (DHMH) are operated on a non-discriminatory basis. This policy prohibits discrimination on the basis of race, color, sex, or national origin and applies to the provisions of employment and granting of advantages, privileges, and accommodations.

The Department, in compliance with the Americans with Disabilities Act, ensures that qualified individuals with disabilities are given an opportunity to participate in and benefit from DHMH services, programs, benefits, and employment opportunities