

ASAM's criteria uses six dimensions to create a holistic, biopsychosocial assessment of an individual to be used for service planning and treatment across all services and levels of care. The six dimensions are:

Dimension 1: **Acute Intoxication and/or Withdrawal Potential**

Exploring an individual's past and current experiences of substance use and withdrawal.

Dimension 2: **Biomedical Conditions and Complications**

Exploring an individual's history and current physical condition.

Dimension 3: **Emotional, Behavioral, or Cognitive Conditions and Complications**

Exploring an individual's thoughts, emotions, and mental health issues.

Dimension 4: **Readiness to Change**

Exploring an individual's readiness and interest in changing.

Dimension 5: **Relapse, Continued Use or Continued Problem Potential**

Exploring an individual's unique relationship with relapse or continued use or problems.

Dimension 6: **Recovery/Living Environment**

Exploring an individual's recovery or living situation, and the surrounding people, places, and things.

Mee-Lee D, Shulman GD, Fishman MJ, Gastfriend DR, Miller MM, eds. *The ASAM Criteria: Treatment Criteria for Addictive, Substance Related, and Co-Occurring Conditions*. 3<sup>rd</sup> ed. Carson City, NV: The Change Companies; 2013.