



# Recovery/Wellness Support for Peer Recovery Specialists

*January 29, 2016  
9:00 AM - 4:30 PM*

## Trainers

- ◇ **Brandee Izquierdo-Johnson**, CPRS, RPS, Director, Office of Consumer Affairs, Behavioral Health Administration
- ◇ **Jennifer Tuerke**, CPRS, CPRS Supervisor, Peer Community Coordinator, ValueOptions® Maryland
- ◇ **Charles Williams**, CPRS, RPS, PT, LC Maryland National-Capital, Parks and Planning Commission, Prince George's County, Department of Parks and Recreation
- ◇ **Kheninh Daniels**, BSW, CAC-AD, CPRS, Director of Programming, M-ROCC

## Objectives of the Training

- ◇ Identify the stages of change and how they relate to recovery planning
- ◇ Identify and use basic motivation interviewing techniques and skills
- ◇ Identify the eight life domains
- ◇ Understand what is recovery capital
- ◇ Develop a plan using a strength-based approach
- ◇ Understand the impact of trauma
- ◇ Develop a recovery plan, using a person-centered approach

## Location

The Behavioral Health Administration  
Vocational Rehabilitation Building  
(formerly the ADAA Building) Training  
Room, Ground Floor

55 Wade Ave. Catonsville, MD 21228  
Spring Grove Hospital Center Campus

Linda Oney-  
loney@psych.umaryland.edu

**To register click link below:**

<https://wellnessrecovery.eventbrite.com>

## Who Should Attend

This training is for peers seeking to become Certified Peer Recovery Specialists (CPRS). The certification is for the peer recovery support worker who provides recovery support services to individuals living with behavioral health disorders. This training meets 6 hours of the required 10 training hours in the Recovery/Wellness domain to make application to the Maryland Addiction and Behavioral-health Professionals Certification Board for the Certified Peer Recovery Specialist certification. In order to receive a certificate for this training a participant must complete all 6 hours of training. No partial credit hours will be given.

## Purpose

SAMHSA's working definition of recovery is "Recovery is a process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential." The goal of this training is to provide the CPRS with information and tools to assist other peers to achieve recovery as defined by SAMHSA.

Sponsored by the Behavioral Health Administration and the University of Maryland Training Center.

This training is certified by the Training Center of the University of Maryland and has been approved by the Maryland Addiction and Behavioral-health Professional Board to meet 6 training hours in the Advocacy domain of the CPRS certification.