**HOWARD COUNTY, MARYLAND**

**OVERDOSE PREVENTION PLAN**

**ALCOHOL & DRUG ABUSE ADVISORY BOARD (ADAAB)**

***(Plans, strategies, and priorities for meeting the identified needs of the general public and the criminal justice system for alcohol and drug use disorder prevention, intervention, treatment, and recovery systems of care)***

**STRATEGIC PLAN**

**FY18-19**

**July 1, 2017-June 30, 2019**

**Vision**

**An integrated service system that addresses the county’s behavioral health (substance use disorder and mental health) needs on demand.**

**Mission**

**Foster, promote and facilitate a collaborative effort among entities in education/prevention, treatment/rehabilitation, and law enforcement/criminal justice to reduce substance abuse in Howard County.**

**Data Driven Analysis or Listing of Data Used to Inform Process:**

* Maryland Public Opinion Survey (MPOS) 2017
* Howard County Interagency Data Repository data
* Conversation with ADAAB members June 21, 2017
* 2014 Youth Risk Behavior Survey (YRBS) published June 2017
* Howard County Mental Health Authority Needs Assessment 2017
* Beacon Health Options/Outcome Measurement System (OMS) FY16
* Health Services Cost Review Commission (HSCRC) 2012-2014
* Maryland Department of Health (MDH), Vital Data Unit /(VDU) CY2016
* Howard County Mental Health Authority Report On Improving Access to Psychiatric Care For Privately Insured in Howard County

**Goals in Order of Priority**

***Goal 1:***

*Implement strategies to reduce drug-induced deaths in Howard County.*

**Objective 1 Recruit and train individuals to administer naloxone as a life saving**

**intervention to an opioid overdose.**

**Performance Targets:**

* Recruit trainees by informing the public of free trainings, kits, and naloxone through opioid awareness/prevention campaign via emails, website, and social media.

**Progress:**

* Train and certify at least 350 individuals each year.

**Progress:**

* Provide free naloxone and nasal atomizers (2 doses/2 devices) to at least 350 individuals each year.

**Progress:**

* Train and equip all sworn members of Howard County Police Department with naloxone for quick responses to overdoses in the field.

**Progress:**

**Objective 2: Increase public awareness of harmful consequences of the abuse of**

**alcohol and other drugs.**

**Performance Targets:**

* Inform and educate the public of the dangers of the abuse of alcohol and other drugs including opioids and reduce the stigma associated with recovery through awareness/prevention campaigns via emails, websites, newsletters, social media, health fairs, presentations, forums, etc. Determine/evaluate on how to best reach the public. Make the information personable and memorable**.** Disseminate information monthly.

**Progress:**

**Objective 3: Outreach efforts to provide information and education on**

**opioid awareness/prevention and offer supportive services.**

**Performance Targets:**

* Plan and implement outreach to individuals using opioid and their families to offer resources and treatment referrals. Determine/implement/evaluate how to best reach individuals and families in need of supports. We will partner with agencies involved in referring individuals and families to services these agencies may include but are not limited to Howard County General Hospital, Howard County Police Department, Howard County Fire and Rescue Services, Grassroots Crisis Intervention, etc. The goal is to outreach to 10 individuals/families each year in additional to the crisis response work conducted by the peer recovery support staff.

**Progress:**

* Enhance outreach to prescribers and pharmacists to provide information on opioid best prescribing practices, the use and benefits of the Prescription Drug Monitoring Program (PDMP), and the use and benefits of dispensing naloxone via the standing order. Determine/implement/evaluate how to best reach prescribers and pharmacists. Disseminate information at least quarterly. Provide additional outreach to at least 5 prescribers and pharmacists each year.

**Progress:**

* Enhance overdose prevention planning to reduce the risk of overdose. Train 20 direct service professionals each year on the importance of overdose prevention planning and how to draft individualized overdose prevention plans for consumers to reduce the risk of overdose.

**Progress:**

**Objective 4: Promote safe storage of medications.**

**Performance Targets:**

* Inform the public on how to safely store medications and the dangers of improper storage. Disseminate information monthly.
* **Progress:**

**Objective 5: Promote safe disposal of medications.**

**Performance Targets:**

* Inform the public of the benefits of safe disposal of medications. Inform the public of disposal location sites and Drug Take Back Day Events. Disseminate information monthly.
* **Progress:**
* Conduct 2 Drug Take Back Day Events each year.

**Progress:**

* Maintain 4 permanent medication drop boxes at the Howard County Police Stations throughout the county.

**Progress:**

**Objective 6: Enhance the interagency data repository referred to as Opioid**

**Information Exchange**

**(OPIE).**

**Performance Targets:**

* Continue efforts to verify data and evaluate system operation to enhance OPIE.

**Progress:**

* Develop unique identification coding process to uniquely identify cases across OPIE.

**Progress:**

* Inform the public of the development and positive outcomes of OPIE. Share aggregate data with the public via electronic informational boards in County Government buildings, media alerts, emails, websites, newsletters, etc.

**Progress:**

**Objective 7: Enhance Overdose Fatality Review Team (OFRT) processes.**

**Performance Targets:**

* Increase action-oriented meeting structure process. Develop action items during each meeting and provide feedback on the action items at the following meeting.

**Progress:**

* Use information learned through the review process to drive individual program changes, system changes, and policy changes. Report on changes implemented based on the OFRT outcomes.

**Progress:**

* Produce an Annual Report outlining accomplished action items each year.

**Progress:**

* Increase meeting frequency from quarterly to every other month to meet the urgent need to combat the opioid crisis.

**Progress:**

* Increase number of cases reviewed during each meeting from 2-3 cases to a review of all fatal cases per meeting cycle.
* **Progress:**

***Goal 2:***

*Develop, maintain, and expand accessible community system of intervention, treatment, and recovery services in Howard County.*

**Objective 1: Offer a full continuum of care in Howard County.**

**Performance Targets:**

* Increase access to treatment on demand. Increase access to same day screening, assessments, and referrals for services. Enhance screening and referral process through the crisis hotline. Increase awareness of the public and service providers on linkages to care to streamline processes to reduce unnecessary emergency department admissions and incarcerations. We will partner with agencies involved in referring individuals and families to services these agencies may include but are not limited to Howard County General Hospital, Howard County Police Department, Howard County Fire and Rescue Services, Grassroots Crisis Intervention, etc.

**Progress:**

* Establish a coordinated behavioral health crisis response system developing a Crisis Stabilization Center.

**Progress:**

* Create/expand detoxification programming (residential/outpatient) in Howard County or through regional partnerships.

**Progress:**

* Create/expand a full range of residential care (ASAM Level 3.7D, 3.7, 3.5, 3.3, 3.1) in Howard County or through regional partnerships.

**Progress:**

* Expand the Mobile Crisis Team to add an overnight shift with the capability of emergency psychiatric evaluations.

**Progress:**

* Expand current psychiatric services. Recruit new providers based on need. Expand by at least 4 new providers each year as needed. Create Workforce Development Plan for the expansion of the psychiatry workforce in Howard County.

**Progress:**

* Expand current behavioral health providers in offering outpatient services for adults and adolescents. Recruit new providers based on need. Expand by at least 2 new providers each year as needed.

**Progress:**

* Increase number of providers offering Medication Assisted Treatment (MAT). MAT may include medications such as buprenorphine, naltrexone, methadone, etc.). Recruit new providers based on need. Expand by at least 2 new providers each year as needed.

**Progress:**

**Objective 2: Support efforts to offer reentry interventions for those**

**transitioning from incarceration to the community.**

**Performance Targets:**

* Implement Screening Brief Intervention Referral to Treatment (SBIRT) in the Howard County Detention Center (HCDC). Plan/implement/evaluation programming. Set baseline of number of referrals in first year of implementation and seek to increase referrals including MAT referrals by 20% in second year of programming. The goal is to increase current referrals to treatment prior to release from incarceration.

**Progress:**

* Increase reentry partnerships by developing 2 new partnerships each year with community agencies to promote collaboration and integration of services. Develop MOAs with 2 new partners each year with community agencies to enhance coordination of care

**Progress:**

**Objective 3: Increase recovery support services available to assist**

**County residents with behavioral health concerns.**

**Performance Targets:**

* Increase recovery housing. Recruit new providers based on need. Expand by at least 2 new providers each year as needed.

**Progress:**

* Expand State Care Coordination/Maryland Recovery Net to individuals to link with resources and services to promote recovery. Increase unique consumers by 20 per year. Increase agencies referring cases by 2 per year.

**Progress:**

* Enhance partnerships and referrals between the Howard County Police Department, Howard County General Hospital, Grassroots Crisis Intervention and Howard County Health Department (HCHD), Bureau of Behavioral Health (BBH) to improve peer recovery support services with overdose cases and their family members via current Memorandums of Agreements (MOA)s. Increase referrals of individuals and their family members to peer recovery support. Increase utilization of the on-call referral process in an effort to offer services as quickly as possible. Increase on-call unique referrals by 20 per year.

**Progress:**

* Enhance peer recovery support to include outreach to individuals with multiple overdoses. Plan/implement/evaluation process for outreach. Attempt outreach to 100% of multiple overdose cases.

**Progress:**

* Expand peer recovery support services to additional agencies. Develop new MOAs for peer recovery support with 2 community agencies each year.

**Progress:**

* Improve the system of transportation available to individuals with behavioral health needs by increasing coordination between transportation and human service agencies. Create a Transportation Workgroup to discuss issues and recommendations.

**Progress:**

* Enhance Recovery Oriented Systems of Care (ROSC) Change Team efforts to achieve an action-oriented focus. Plan and implement a recovery focused event each September during Recovery Month.

**Progress:**

* Increase membership of the Wellness and Recovery Center operated by On Our Own of Howard County. Agency will continue monthly site visits with funders. Increase unique consumer count by 20% each year. Increase outreach events by 20% to promote membership. Increase member events by 20%.

**Progress:**

* Support referrals to 12-step in additional to treatment. Promote 12-step organizations resources.

**Progress:**

***Goal 3:***

*Establish, maintain, and expand an integrated, collaborative behavioral health system to met the needs of Howard County residents*

**Objective 1: Enhance collaboration and integration of local authorities and local partners.**

**Performance Targets:**

* Integrate the Howard County Mental Health Authority (HCMHA) and Howard County Local Addiction Authority (HCLAA) to create a Local Behavioral Health Authority (LBHA). Developed a transition team to make recommendations for integration efforts. Plan/implement/evaluation integration progress.

**Progress:**

* Enhance local integration of mental health and substance use disorder services as well as medical based service integration. Provide technical assistance and training. Provide quarterly behavioral health provider meetings, offer at least 2 CME/CEU trainings per year, offer provider technical assistance, and system development activities.

**Progress:**

* Enhance collaboration and partnership of local committees and boards. Through the integration of the local authorities, many local committees and boards may also integrate. The transition team will address the integration of committees and boards as well. Offer suggestions to the transition team on these integration efforts.

**Progress:**

**Objective 2: Address deficiencies in workforce development in the behavioral health field in Howard County.**

**Performance Targets:**

* Provide technical assistance and training. Provide quarterly behavioral health provider meetings, offer at least 2 CME/CEU trainings per year, and offer provider technical assistance, and system development activities. The goal is to increase the number of qualified staff and core competencies. Offer cross agency/cross organizational learning opportunities on new research and best practices. Offer at least 1 meeting per year with provider and the criminal justice system to network and enhance partnerships.

**Objective 3: Increase access to behavioral health services reimbursable through a full array of health insurance.**

**Performance Targets:**

Encourage current/new providers to accept a full array of health insurance to increase access to care. Engage in outreach activities to encourage all providers of behavioral health services to accept a full array of health insurance in order to expand the local network of available resources. Increase the number of providers accepting a full array of health insurance including Medicaid by 3 agencies per year.

**Progress:**

* Assist consumers with private insurance seeking behavioral health services to navigate the system of care and better access services. Track the number of cases per year.

**Progress:**

**Objective 4: Advocate for access improvements of behavioral health insurance**

**coverage.**

**Performance Targets:**

* Advocate for enhanced array of coverage to increase access to care for needed service, expand the provider network, and improve the accuracy of provider networks.

**Progress:**

* In partnership with providers and insurance companies to explore ways to: reduce the error rate on claim submissions, reduce time to credential providers, and increase the rate reimbursement system. Develop Advocacy Plan for working with Insurance Industry. Create a network with insurance companies, advocacy organizations, and the Maryland Insurance Administration to address and resolve the issue of adequate providers on insurance panels for behavioral health treatment to assure that individuals can be seen within a reasonable timeframe.

**Progress:**

* Develop a List Serve for Central Access System to streamline referrals to psychiatrists.

**Progress:**

* Educate Howard County residents on Maryland Insurance Administration Services and how to access those services.

**Progress:**

* Create a local work group to plan/implement/evaluate recommendations of the report on Improving Access To Psychiatric Care For Privately Insured In Howard County.

**Progress:**

**Objective 5: Support providers in gaining/maintaining accreditation.**

**Performance Targets:**

* Increase the number of behavioral health providers in the County who are accredited by April 2018. Assist providers to gain/maintain accreditation through providing technical assistance and one time only funding. Provide technical assistance to 5 providers each year. Provide one-time only funding to at least 5 providers.

**Progress:**

* Encourage providers to mentor each other in working toward gaining/maintaining accreditation. The goal is to have 5 providers mentored by existing providers through the quarterly behavioral health provider meetings.

**Progress:**

***Goal 4:***

*Educate and assist individuals, families, organizations, and communities to*

*live healthy lives free of the negative consequences of substance misuse in*

*Howard County.*

**Objective 1: Collaborate with other agencies and organizations to share evidence-based prevention information across the life span.**

**Performance Targets:**

* In an integrated effort, we will engage partners in Howard County to work together to prevent alcohol and other drug misuse. Strategies of intervention may include implementing/continuing to providing education and prevention information to the public and hosting/participating in informational events. . We will partner with agencies that may include but are not limited to (e.g., HC DrugFree, Howard County Police Department, Howard County General Hospital, Howard County Department of Recreation and Parks, Howard County Public Schools, Howard County Department of Community Resources and Services, Howard County Association of Community Services, Maryland Coalition of Families, On Our Own of Howard County, treatment providers, etc.). The goal is to add 3 new agencies to prevention outreach and dissemination channels each year.

**Progress:**

* Enhance integrated prevention and treatment approaches. Add 3 new community providers implementing integrated prevention and treatment strategies and interventions each year.

**Progress:**

* Improved public awareness/outreach/education on behavioral health topics across the life span. Provide information on the following areas: social/coping skills; bullying prevention/intervention; behavioral health services tailored to senior citizens; role modeling/mentoring opportunities; stigma/stress reduction; substance misuse; and opiate overdose prevention.

**Progress:**

* Improve the system of early intervention and prevention by theexpansion of school based mental health services/school based mental health center(s) and expansion of behavioral health supports into at least 2 Head Start sites in Howard County each year.

**Progress:**

* Strengthen collaboration with family serving agencies. Support families through education, awareness of the availability of resources including crisis services, co-occurring symptoms and treatments, peer support, etc. Increase information and resource sharing with families. Invite family serving agencies to the quarterly behavioral health provider meetings to network with providers and learn and share information regarding services.

**Progress:**

* Continue to monitor the greatest needs and barriers to care for individuals and families through surveys, focus groups etc. Conduct at least 1 survey or focus group per year or utilize existing survey data to gather information on needs and barriers.

**Progress:**