



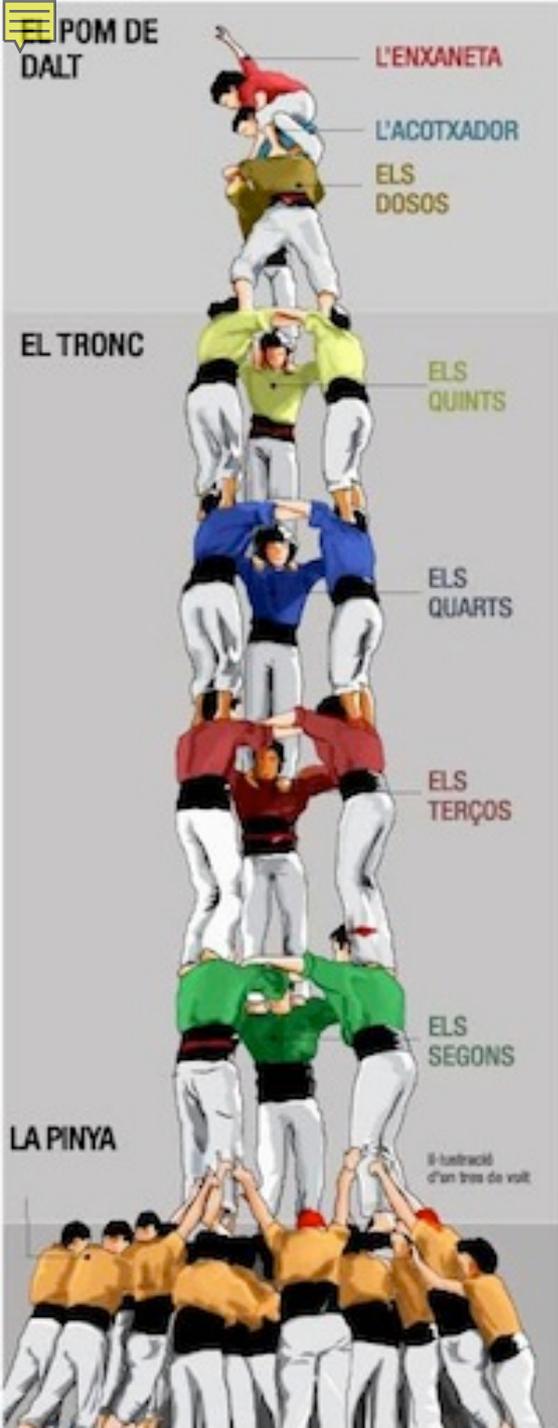
HOLISTIC PUBLIC HEALTH FOR PEOPLE WHO USE DRUGS: LESSONS FROM BARCELONA

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**WHAT DO WE NEED TO DO TO KEEP PEOPLE
WHO USE DRUGS ALIVE AND MOVING TOWARD
WELLNESS?**





OUTLINE

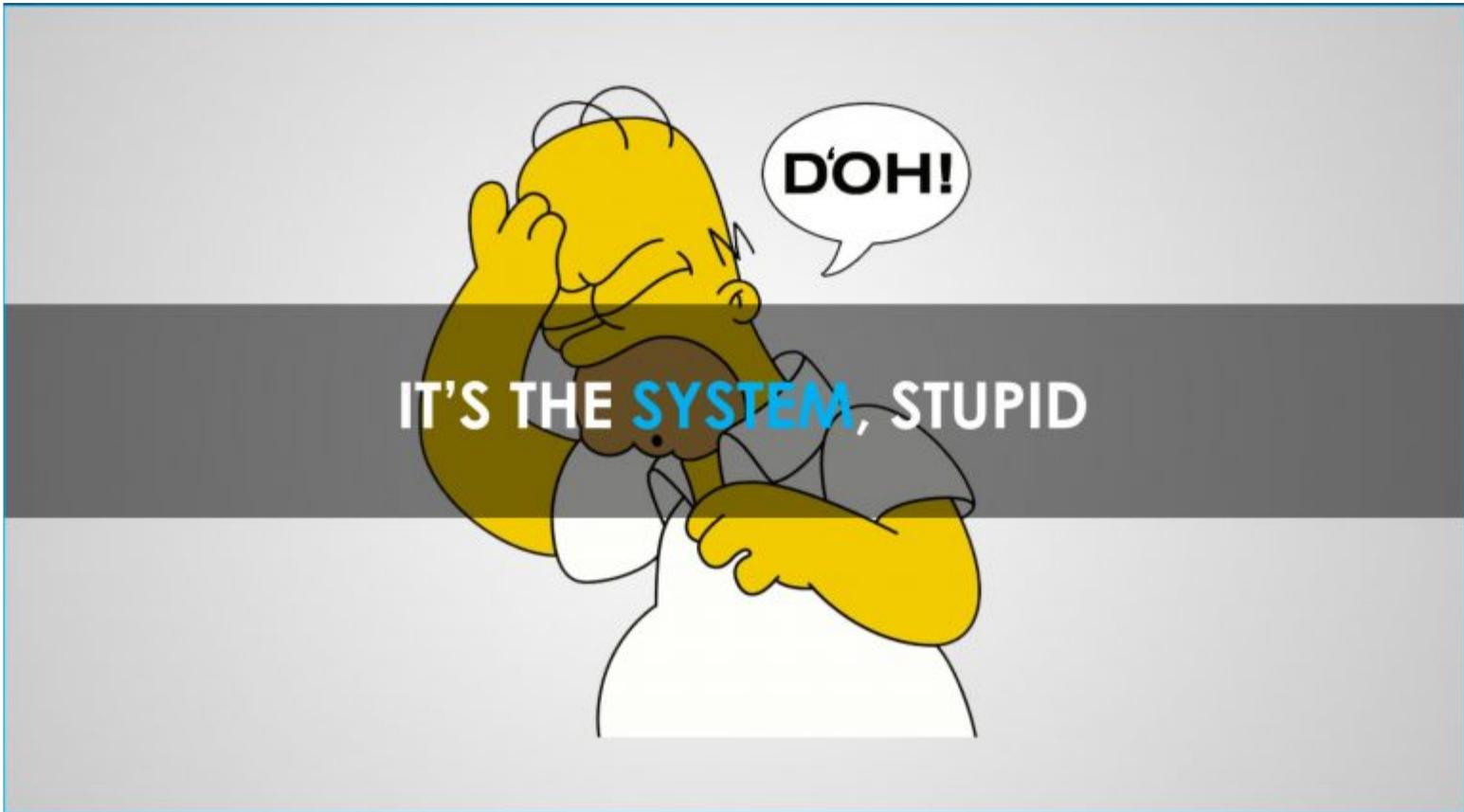
- Background
- Why work with people who use drugs?
- Theoretical perspective and harm reduction
- The Barcelona Model
- Outcomes
- Case studies
- Takeaways

BACKGROUND



Source: Esri

MARK NOWLIN / THE SEATTLE TIMES





WHAT DOES A FULL SPECTRUM SYSTEM FOR PEOPLE WHO USE DRUGS LOOK LIKE WITHIN THE CATALAN CONTEXT AND WHAT LESSONS CAN WE LEARN?





WHY WORK WITH PEOPLE WHO USE DRUGS?



THEORETICAL FRAMEWORK + HARM REDUCTION



Work with people who use drugs

Low barrier services

No judgement or stigma

IT'S THE SYSTEM: THE BARCELONA MODEL



STAGES OF CHANGE IN THE BARCELONA MODEL



Harm reduction programmes

Treatment programmes

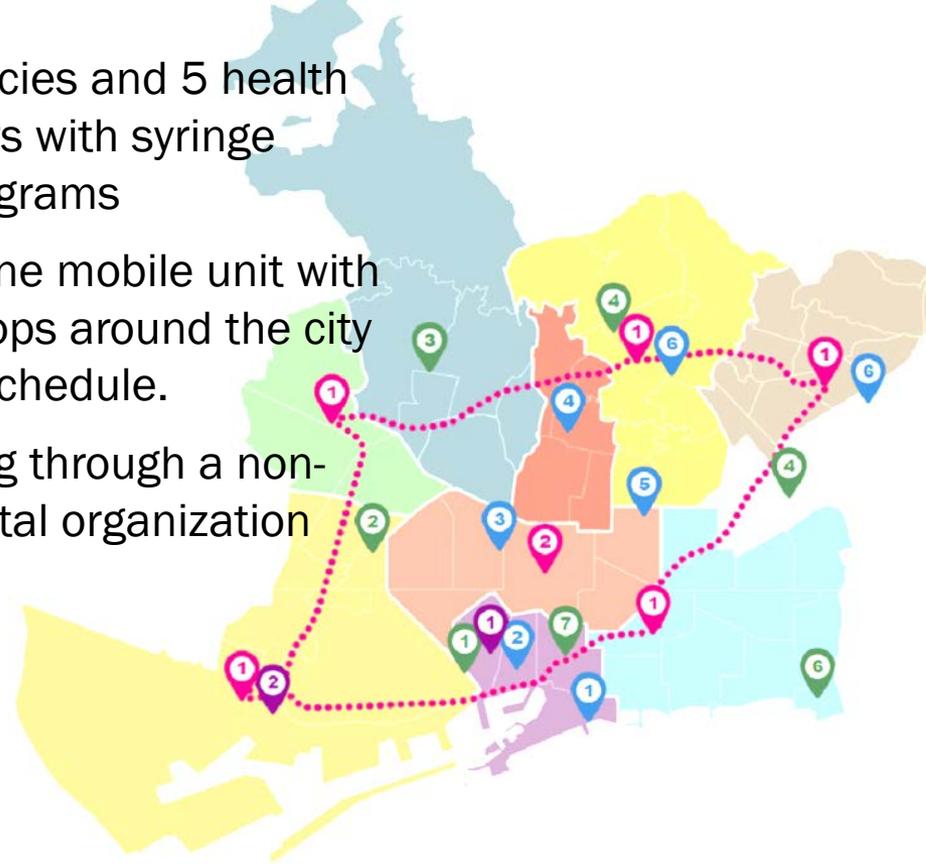
First contact (“calor i cafè”)
Safe injection materials
Spaces to consume safely
Development of skills to reduce risks
Health care and social care access
Outreach: street educators
Low-threshold substitution treatment
(methadone)

- Alcohol, opiates, cocaine, cannabis, other drugs, dual diagnosis
- Therapeutic groups
- Referral to other health resources
- Care in crisis
- Care to families

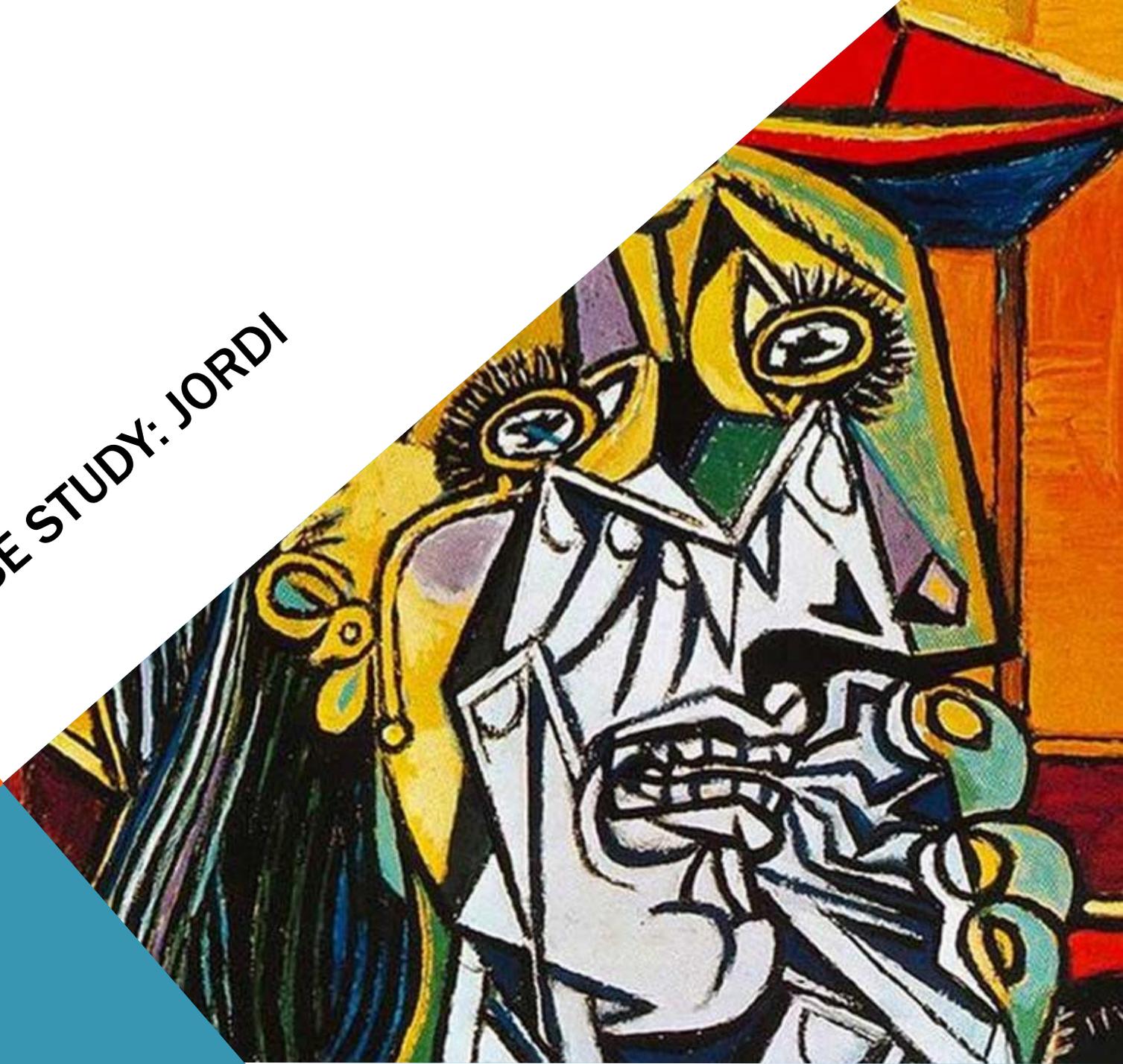
SUBSTANCE USE DISORDER SERVICES IN BCN

- 15 CAS: integrated, multidisciplinary outpatient SUD programs
- 4 hospital detox units
- 1 harm reduction drop in center
- 1 women's only harm reduction center
- 1 inpatient drug treatment program
- 10 safer consumption spaces
- 13 therapeutic apartments

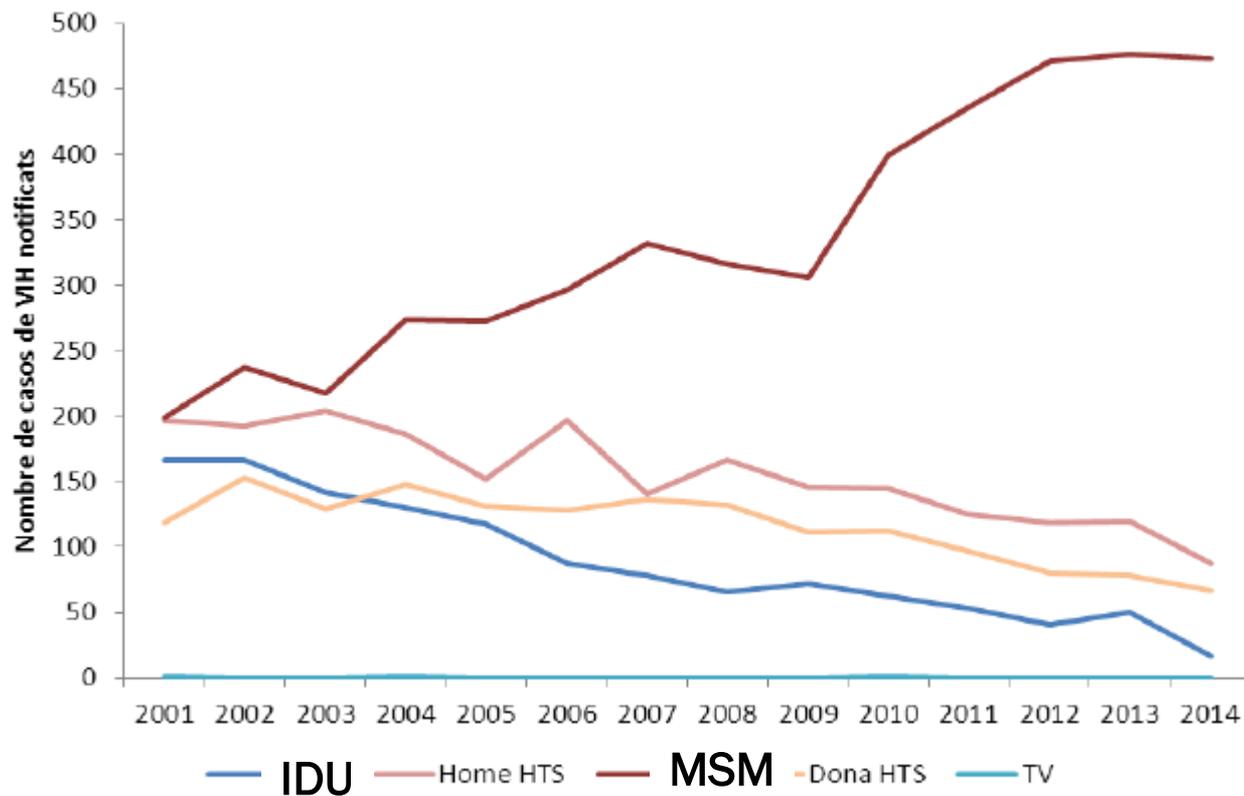
- 65 pharmacies and 5 health care centers with syringe service programs
- 1 methadone mobile unit with multiple stops around the city and a set schedule.
- Drug testing through a non-governmental organization



CASE STUDY: JORDI

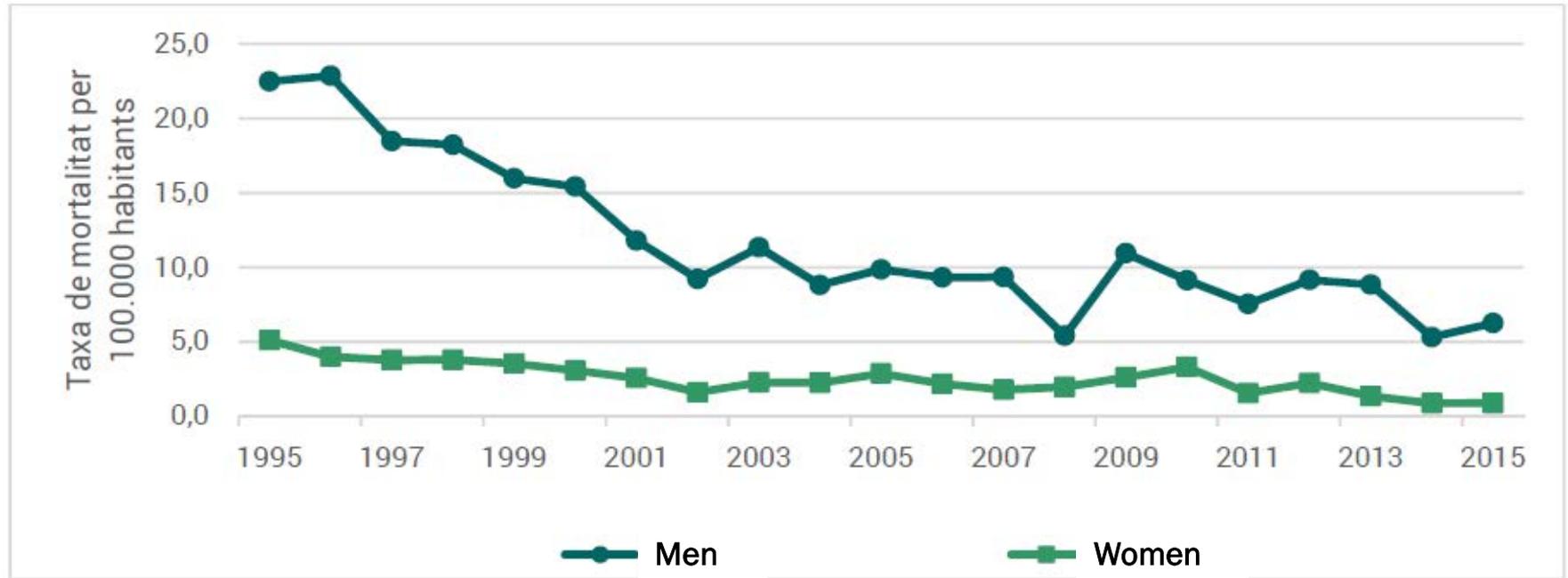


NEWLY DIAGNOSED CASES OF HIV, BY TRANSMISSION ROUTE, 2001-2014



Source: Pla d'Acció sobre Drogues de Barcelona 2017-2020.
Agència de Salut Pública de Barcelona, 2017.

RATES OF OVERDOSE DEATHS IN BARCELONA PER 100,000 PEOPLE, 1995-2015



Source: Pla d'Acció sobre Drogues de Barcelona 2017-2020. Agència de Salut Pública de Barcelona, 2017.

LESSONS FROM BARCELONA



Identify the gaps!

Provide services for people who will continue to use drugs

Decriminalize all drugs

We can do this.

WITHOUT A FULL SPECTRUM SYSTEM FOR SUD...



THANK YOU!

QUESTIONS?

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