



# Mentoring and Education for Peer Recovery Specialists

*February 5, 2016  
9:00 AM - 4:30 PM*

## Trainers

- ◇ **Brandee Izquierdo-Johnson**, CPRS, RPS, Director, Office of Consumer Affairs, Behavioral Health Administration
- ◇ **Jennifer Tuerke**, CPRS, CPRS Supervisor, Peer Community Coordinator ValueOptions® Maryland
- ◇ **Charles Williams**, CPRS, RPS, PT, LC Maryland National-Capital, Parks and Planning Commission, Prince George's County, Department of Parks and Recreation
- ◇ **Kheninh Daniels**, BSW, CAC-AD, CPRS, Director of Programming, M-ROCC

## Objectives of the Training

- ◇ Demonstrate effective strategies to identify, establish and maintain health relationships
- ◇ Model various forms of self-care into their recovery and wellness
- ◇ Identify techniques to manage and resolve conflict
- ◇ Utilize and relay various problem solving methods to peers
- ◇ Demonstrate effective communication through the use of body language, listening and other communication skills
- ◇ Identify support services available at local, state, regional and national levels
- ◇ Demonstrate principles of empowerment

## Location

The Behavioral Health Administration Vocational Rehabilitation Building (formerly the ADAA Building) Training Room-Ground floor

55 Wade Ave. Catonsville, MD 21228

Spring Grove Hospital Center Campus

Linda Oney-  
loney@psych.umaryland.edu

**To register click link below:**

<http://menteduc-feb5.eventbrite.com>

## Who Should Attend

This training is for peers seeking to become Certified Peer Recovery Specialists (CPRS). The certification is for the peer recovery support worker who provides recovery support services to individuals living with behavioral health disorders. This training meets 6 hours of the required 10 training hours in this domain to make application to the Maryland Addiction and Behavioral-health Professionals Certification Board for the Certified Peer Recovery Specialist certification. In order to receive a certificate for this training a participant must complete all 6 hours of training. No partial credit hours will be given.

## Purpose

The CPRS is a role model in identifying, establishing and maintaining positive relationships through the modeling of self-care, shared experiences and healthy behavior. The CPRS assist other peers in these tasks by supporting the development of effective skills in communication, problem solving and conflict resolution skills. This training will provide basic knowledge to strengthen the CPRS role as mentor and educator.

Sponsored by the Behavioral Health Administration and the University of Maryland Training Center.

This training is certified by the Training Center of the University of Maryland and has been approved by the Maryland Addiction and Behavioral-health Professional Board to meet 6 training hours in the Mentoring and Education domain of the CPRS certification.