MARYLAND MEDICATION-ASSISTED TREATMENT AND RECOVERY SUPPORT INITIATIVE (MD MATRS)

The purpose of the MD MATRS program is to expand the use of the evidence-based practice of medication-assisted treatment (MAT). MAT is designed to help individuals with opioid use disorder abstain from the use of heroin or other opioids. MAT services in the MD MATRS program include interim methadone maintenance (IM) and buprenorphine induction, in conjunction with behavioral counseling.

MD MATRS Outcomes: January 1\textsuperscript{st}, 2016 to April 30\textsuperscript{th}, 2016

During this reporting period, 214 individuals were identified as potential candidates for MAT; of these, 82 were confirmed overdose survivors.

- **214**
  Total number of individuals identified as potential enrollees in MD MATRS.

- **82**
  Confirmed overdose survivors engaged for MAT services.

- **32**
  Individuals enrolled in MD MATRS.

- **27**
  Individuals inducted on buprenorphine.

- **15**
  Individuals completed buprenorphine induction stage.

- **4**
  Individuals enrolled in interim methadone maintenance.

Peer Outreach

Medication-Assisted Recovery Services (MARS)-trained peer recovery support specialists (PRSS) provide outreach to overdose survivors in the emergency room and encourage them to access treatment. Peers also connect individuals to a Care Coordinator and/or MAT clinic.

- **850** peer outreach contacts
- **264** participants at peer-facilitated MARS events
**MD MATRS Client Profile**

**Government Performance and Results Act (GPRA)** Data is collected at intake and also six months after intake during a follow-up interview. This data reflects the rate of change over time on a number of key outcomes.

**Baseline GPRA Measures:** Percent at Intake

<table>
<thead>
<tr>
<th>Measure</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Abstinence: reported use in the past 30 days</td>
<td>74%</td>
</tr>
<tr>
<td>Stability in Housing: had a permanent place to live in the community</td>
<td>71%</td>
</tr>
<tr>
<td>Employment/Education: were currently employed or enrolled in school</td>
<td>21%</td>
</tr>
<tr>
<td>Crime and Criminal Justice: had no arrests in the past 30 days</td>
<td>92%</td>
</tr>
<tr>
<td>Emergency Room Treatment for Alcohol or Substance Abuse: received ER treatment in the past 30 days</td>
<td>26%</td>
</tr>
<tr>
<td>Social Connectedness: were connected with self-help groups, faith-affiliated groups, or other recovery support groups</td>
<td>37%</td>
</tr>
</tbody>
</table>

To learn more about the MD MATRS program, contact the Project Director Larry Stevens at larry.stevens@maryland.gov or 410-402-8331.

**MD MATRS Partners**