

Maryland Crisis Hotline SUD Training Series

BHA would suggest taking trainings in the following order)

1. University of Maryland webinar, Substances of Abuse
2. BHA webinar, Addiction 101 for Behavioral Health Crisis Hotline Operators
3. BHA webinar, Treatment and Recovery Support Services System
4. BHA webinar, Process and Procedure
5. University of Maryland webinar, Motivational Interviewing

To access UMD **webinars 1 & 5** go to: <http://mdbehavioralhealth.com/>

1. Click On-Training
2. Click on Youth Co-occurring training for Behavioral Health Providers (1st category) -Sign up!
3. Register and/or log-in
4. Select Modules #7 (Substances of Abuse) or #12 (Motivational Interviewing)

Note: BHA training #1 is Module #7 in the University of MD series. BHA Training #5 is Module #12 in the University of MD series.

To access BHA **webinars 2, 3 & 4** go to:

- 2) <https://attendee.gototraining.com/96p3t/recording/2152022800290516993>

edited_2015-06-23 11.33 Addiction 101 for Behavioral Health_ Crisis Hotline Operators, with Yngvild Olsen, MD, MPH 6-2015 Module 2.wmv

- 3) <https://attendee.gototraining.com/96p3t/recording/1972614388474700289>

2015-06-23 10.08 BHA Webinar_ Treatment _ Recovery Support Services System, with Laura Burns-Heffner, LCSW, June 2015, Module # 3.mp4

- 4) <https://attendee.gototraining.com/96p3t/recording/2821645172815504897>

edited_2015-06-23 14.58 BHA Webinar_ Process and Procedure, with Laura Burns-Heffner, LCSW, June 2015, Module # 4.wmv

Training Models, Description and Learning Objectives

1). UMD Substances of Abuse (1 hour)

Dr. Christopher Welsh presents Substances of Abuse, which is **Module 7** in the Youth Co-Occurring Disorders: Behavioral Health Providers Training Series. Dr. Welsh discusses the different classes of substances of abuse, the key signs of intoxication and withdrawal in relation to these substances, and national and statewide trends in usage among youth.

Learning Objectives:

At the conclusion of this course, learners should:

- Have a basic knowledge of the different classes of substances of abuse.
- Be able to recognize some of the key signs of intoxication and withdrawal of these substances.
- Understand some of the substance usage trends among youth, both nationally and in Maryland.

2). BHA webinar: Addiction 101 for Behavioral Health Crisis Hotline Operators (1 hour)

In this training, Dr. Yngvild Olsen will provide: an overview of basic scientific concepts and definitions related to SUD; the role and importance of language; a familiarity with screening, assessment and ASAM dimensions; and discuss the types of medications used in SUD treatment and their role in treatment and recovery.

Learning Objectives:

At the conclusion of this course, learners should:

- Understand key scientific concepts related to substance use disorders
- Be familiar with tools used for screening and with the process of assessment
- Be knowledgeable of currently available medications for substance use disorders
- Be familiar with high risk drug combinations
- Be aware of how medications fit with rest of treatment and recovery

3). BHA webinar Treatment and Recovery Support Services System (20 minutes)

Ms. Laura Burns-Heffner, Licensed Social Worker and BHA staff provides an overview of the different kinds of treatments and services that are effective in helping people with substance related disorders available in Maryland.

At the conclusion of this course, learners should:

- Have a basic knowledge of the different service components available for SUD treatment
- Have a basic knowledge of the names of some the types of therapies used in SUD treatment, including the types and benefits of medication assisted therapy used in alcohol or opioid use disorder treatment
- Have a basic knowledge of Peer, Recovery, and 12 Step or Mutual Help Supports

4). BHA webinar Process and Procedure (13 minutes)

Ms. Laura Burns-Heffner, Licensed Social Worker and BHA staff provides an overview of the process and procedures used to assist MCH call operators in appropriately handling calls from individuals or family members seeking SRD treatment services.

At the conclusion of this course, learners should:

- Be familiar with the steps involved in the process of providing an appropriate referral
- Know how to find assessment sites and services available for families in each jurisdiction
- Be familiar with Naloxone education and certification programs and how to access further information on overdose prevention
- Be familiar with where to locate information on treatment resources in Maryland, as well as general information on additional resources and training for SRD.

5: UMD Motivational Interviewing (2.5 hours with role play videos)

Substance abuse counselor and social worker Mr. Shannon Garrett presents Motivational Interviewing, which is **Module 12** in the Youth Co-Occurring Disorders: Behavioral Health Providers Training Series. Mr. Garrett explains how motivational interviewing (MI) helps youth advance through Stages of Change, discusses a variety of techniques used in MI, and walks viewers through the differences between change talk and sustain talk.

Learning Objectives:

At the conclusion of the course, learners should be able to:

- Explain how motivational interviewing (MI) helps youth advance through stages of change
- Identify the stages of change
- Identify the general principles of MI
- Identify at least two techniques used in motivational interviewing
- Describe the difference between sustain talk and change talk

Other suggested Modules in the UmD series

Suggest: **Module #6: The Adolescent Brain**

Dr. Marc Fishman presents The Adolescent Brain, Module 6 in the Youth Co-Occurring Disorders: Behavioral Health Providers Training Series. The Adolescent Brain covers the developmental vulnerability of adolescents and the unique brain development and biology of adolescents. Dr. Fishman applies this information to the difficulties adolescents experience with emotions, motivation, and stress.

Presenter: Marc Fishman MD