Integrating Peer Outreach Services

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Integrative Overdose Prevention Strategies & Practices Conference
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Healthy People. Healthy Community. Healthy Future.
Integrating Peer Outreach Services

Discussion:
- Role of Peers
- Video “Peer Outreach in Cecil County”
- Day in Life of a Peer
- Lessons Learned
Defining Peer Recovery Specialist

**SAMHSA Service Definition:**

Peer Recovery Coaching is a set of nonclinical, activities, based on shared lived experience, that engage, educate and support an individual to successfully recovery from mental and/or substance use disorders. Peer Recovery Coaches act as a recovery and empowerment catalyst: guiding the recovery process and supporting the individual’s recovery choices, goals, and decisions.
Defining Peer Recovery Specialist

From CCAR Recovery Coach Academy:

“… anyone interested in promoting recovery by removing barriers and obstacles to recovery by serving as a personal guide and mentor for people seeking or in recovery.”
Defining Peer Recovery Specialist

From William White:

“…a person who helps remove personal and environmental obstacles to recovery, links the newly recovering person to the recovering community, and serves as a personal guide and mentor in the management of personal and family recovery. Such supports are generated by mobilizing volunteer resources within the recovery community, or provided by the recovery coach where such natural support networks are lacking.”
Integrating Peer Outreach Services

Working Definition:
- Lived Experience
- Provide Hope
- Planting Seeds
- Link to Resources
- Warm Handoff
- Support

14 most newsworthy storylines of 2014

By JACOB OWENS
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CECIL COUNTY — On the surface, 2014 may not seem like a particularly memorable year. After all, it didn’t have the natural or man-made county disasters that some recent years had — think Tropical Storm Lee or train derailments.

That isn’t to say that 2014 didn’t have its share of big headlines. In fact, CeciDaily.com readers logged on more than 2 million times in 2014 and viewed more than 16 million pages. Several storylines began this past year that will continue to shape Cecil County for many years into the future.

1. Recovery. It’s a good sign that recovery ranks so highly on our list after drugs ranked No. 1 in the 2013 list, and there is good reason for it to be so.

In 2014, we saw a renewed interest about and passion for recovery from substance abuse. In the spring, state officials approved new regulations allowing the prescribing of naloxone, an overdose-reversing drug, to members of the public.

County officials quickly
Integrating Peer Outreach Services

Peer Outreach Timeline:

Nov. 2011 - Supplemental Grant Request to Hire Peer Recovery Specialists.

Feb. 2012 - First Peers Hired, Focused on Enhanced Treatment Services, Level I & 11.1

April to June 2012 - Peers inside Hospital ER, DSS, Drug Court, MH Tx. Providers

July to Dec 2012 - Peers in Probation, Homeless Resource Ctr.

Sept 2013 - Peers Connected to Every Floor at Union Hospital (Bedside)
Integration of Peers - Treatment

- Practical application
- Assist clinicians with case management, outreach, engagement, etc.
- Form relationships with patients that would continue to continuing care
- Improve outcomes
Integration of Peers - Outreach

• System is efficient at identifying and offering service when illness harms others.
• How to reach those not currently in service?
• Engagement in community…
Integration of Peers - Outreach

Peers Embedded in Cecil County:

- Hospital (Every Floor)
- Social Services
- Parole and Probation
- Detention Center
- Drug Court
- Homeless Resource Centers
- On Our Own
- Community-Based Physician Offices
- Mental Health Service Providers
- Home Visits After Overdose
Integration of Peers - Outreach

**Peers Embedded in Cecil County:**

- Enhance existing systems ability to identify, intervene, and offer hope/change
- Instills confidence in / empowers other providers to address SUD
- Provide connection (warm handoff) to services
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Day in Life of a Peer Recovery Specialist

Peer recovery program earns best practices honors

BY CHRYSLER MATTIX /cmtmatt@hearst.com

LITHON - County Executive Tart Moore announced this week that the Cecil County Health Department’s Peer Recovery Advocate Program was named a recipient of the Maryland Association of Counties’ (MCoC) “Healthy Counties 2010” award. The award, created by MCoC Past President Joel Torrey, recognizes county programs that contribute to the overall health and quality of life of a Maryland community. The award recognizes the program’s success in helping clients achieve sobriety and maintaining recovery.

The program, led by Peer Recovery Advocate Alice M. White, provides support and resources to individuals struggling with addiction. White, a former addict herself, works closely with clients to develop a personalized recovery plan that addresses their unique needs.

White said the program’s success is due in part to the support of the community, which includes local businesses, hospitals, and other organizations that collaborate to provide comprehensive care.

“Peer recovery is a crucial component of the overall recovery process,” White said. “Our clients are often. Peer recovery is a crucial component of the overall recovery process,” White said. “Our clients are often referred to us by their doctors or other healthcare professionals, and we provide them with the support and resources they need to stay on track.”

The program’s success has been recognized by the Maryland Association of Counties, which awarded the program its “Healthy Counties 2010” award in recognition of its efforts to improve public health.

Walking for hope

BY CHRYSLER MATTIX /cmtmatt@hearst.com

Queen Anne’s County has been recognized as one of the top counties in Maryland for its efforts to address the opioid crisis. The county has implemented a number of initiatives, including a dedicated peer recovery program and a community戒毒服务中心.

The county’s Peer Recovery program is led by Peer Recovery Advocate Alice M. White, who provides support and resources to clients struggling with addiction. White said the program has been successful in helping clients achieve sobriety and maintain recovery.

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Cecil Whig

Program shows addicts a path to sobriety

BY CHRYSLER MATTIX /cmtmatt@hearst.com

PORTS

Peer Recovery Advocate helps clients achieve sobriety

The Cecil Whig is a local newspaper in Maryland. The newspaper covers news and events in the area, including coverage of the county’s Peer Recovery program.

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Mayors eye more ways to curb substance abuse

BY CHRYSLER MATTIX /cmtmatt@hearst.com

CITY CLERK

Card holders for help on addiction have recently been distributed by the county’s Department of Emergency Services. The cards are designed to help people who are facing the challenge of addiction.

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**Lessons Learned …**

- Build Buy-in at All Levels
- Hospital Multidisciplinary Meetings
- Consistency of Peer
- “Dressed for Dinner” (Culture of Colors)
- Proximity of Providers (Warm Handoff)
- “Plant Seeds”
- Ready for Increased Service Requests

- Assessments Increased 68%: FY 2013 (1,082) – FY 2016 (1,819)
Recognition for Effort

“Harland Graef Quality Award” from Union Hospital, April 2014

“Healthy Counties Best Practice Award” from Maryland Association of Counties (MACo), January 2015