

# Advocacy for Peer Recovery Specialists

October 29, 2015 9:00 AM - 4:30 PM

### **Trainers**

- Brandee Izquierdo-Johnson, CPRS, RPS, Director, Office of Consumer Affairs, Behavioral Health Administration
- Jennifer Tuerke, CPRS, CPRS Supervisor, Peer Community Coordinator, ValueOptions® Maryland
- Charles Williams, CPRS, RPS, PT, LC Maryland National-Capital, Parks and Planning Commission, Prince George's County, Department of Parks and Recreation
- Kheninh Daniels, BSW, CAC-AD, CPRS, Director of Programming, M-ROCC

# Objectives of the Training

- Define advocacy and demonstrate the difference between Little a and Big A advocacy
- List methods, skills and traits for successful advocacy
- Explain why self-advocacy is important in the role of a Certified Peer Recovery Specialist (CPRS)
- ♦ Explain how self-determination relates to recovery and wellness
- ♦ List the steps of a basic approach to advocacy
- List the basic rights of individuals who have mental illness or addiction concerns
- Demonstrate the ability to work with another individual to advocate on their behalf

#### Location

The Behavioral Health Administration

Vocational Rehabilitation Building (formerly the ADAA Building) Training Room– Ground floor

55 Wade Ave. Catonsville, MD 21228

Spring Grove Hospital Center Campus

Linda Oney-

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## Who Should Attend

This training is for peers seeking to become Certified Peer Recovery Specialists (CPRS). The certification is for the peer recovery support worker who provides recovery support services to individuals living with behavioral health disorders. This training meets 6 hours of the required 10 training hours in the Advocacy domain to make application to the Maryland Addiction and Behavioral-health Professionals Certification Board for the Certified Peer Recovery Specialist certification. In order to receive a certificate for this training a participant must complete all 6 hours of training. No partial credit hours will be given.

# <u>Purpose</u>

Advocacy is an important role for a certified peer recovery specialist. As an advocate, the CPRS performs two major functions: help the community understand and support recovery and wellness; but also on an individual level assisting individuals in their recovery by applying the principles of individual choice and self-determination. This training will explore the role of the CPRS as an advocate at both the community and individual level.